

The Oxford County Citizen.

A. E. Herriek 6-10-17

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BETHEL, MAINE, THURSDAY, DECEMBER 13, 1917.

\$1.50 IN ADVANCE

THE NATIONAL CAPITAL

Events of Interest From Washington

By J. E. Jones

SAMUEL GOMPERS.

It takes a big building to house the American Federation of Labor, which has its headquarters in Washington. Samuel Gompers is its head, and he has just returned from Buffalo after having been elected to the presidency of the organization. With the exception of one year Mr. Gompers has served in the above capacity since 1882.

There have been few men who have lived through greater trials and fought more opposition than Gompers. He has been called an enemy to his country, and at times the capitalists have increased their efforts to destroy him by merely thinking about Gompers.

Gompers, at nearly sixty-eight years of age, and he has been championing the cause of labor since he was fifteen. Dynamiting and similar crimes committed in the name of organized labor, have at times been indirectly charged against him. But Gompers has never been actually accused of any of these offenses against society, and as a matter of fact he has been the instrument in breaking many offenders against the law into court.

President Gompers pledged organized labor to the war policy of the Administration, and he went before the recent Buffalo convention of the American Federation of Labor and declared that he was in the fight for the preservation of Democracy, and that he expected to use all his power to make the war successful.

President Wilson left his busy desk at Washington to go before the convention, and make an address. He praised Mr. Gompers as one of the great patriots of the nation. He unreservedly expressed his confidence in the integrity and ability of the little General of organized labor; and in consequence aided in the reelection of Mr. Gompers by an overwhelming majority.

Strangely enough Mr. Gompers' old foes among the corporations have been saying nice things about him within the past year. His courage in fighting them has finally brought them to a realization of his strength; and now that all classes of citizens are endeavoring to do their very best service for a common cause, the former opponents of Gompers are admitting that he has led a very honorable career, and they would doubtless deny it if anyone should say that they formerly spoke of the labor leader in bitter tones.

Perhaps all this is a victory for Gompers; but it is a greater victory as a recognition of conscientious, untiring loyalty to a Cause. Even though Gompers has championed an unpopular fight, he has finally won universal respect for himself and the movement to which he has dedicated his life.

ORGANIZING THE WORLD.

President Wilson is insisting through Colonel House, who is his personal representative in Europe, on the necessity of "united plan and control" among the Allied nations. The United States had hardly broken into the war before it became apparent that there was an abundance of bitter opposition and jealousy among the fighting nations already in the conflict. Italy has been all around the fighting reservation asking and pleading for coal—and no nation listened. France and England have coöperated independently of one another, in many important matters, where coöperation of the closest kind was preferable.

Washington regards the President's position of vastly greater importance than might be supposed by the casual reader of the instructions to Colonel House. What the President is really asking for, is an organization among the Allies, so that they may come to a full and clear understanding of the desires, and the principles for which they are fighting. If such a condition of understanding is arrived at, then it will be possible, in the peace-making days which everyone hopes are not far distant, for the Allies to state clearly and emphatically the conditions of their understanding of the charges desired in the ways of running the world.

A good deal is heard about a "just and permanent peace," and if the Allies can form an advance program, then it is to be expected that the enemies of our common cause may in time be brought into the reorganization in such a way that a sensible method will be devised to insure that "it will not happen again." For instance, a world court, or a league to enforce peace, may be deemed feasible when the world was served and a general good time enjoyed.

(Continued on Page 8.)

SCHOOL NOTES

The cantata, "Molly's Christmas," will be given by Grades 5 and 8 of the village schools in the Grange Hall to-night, Wednesday, at 7:45, under the direction of Miss Blackington. Eunice Smith takes the part of "Molly" and is supported by other principals and choruses in some very pleasing singing. Children of the village schools are 17 and is supported by other principals and choruses in some very pleasing singing. Children of the village schools are 17 and is supported by other principals and choruses in some very pleasing singing.

CHARLES P. PINGREE.

Mr. Charles P. Pingree, son of the late Asa and Melita Wheeler Pingree, died at his home in Albany last Wednesday after a short illness. He was taken with pneumonia and seemed to have passed the crisis but complications set in, and the end came quickly. Mr. Pingree was born in Albany about fifty-seven years ago on the same place on which he lived and Albany has always been his home, with the exception of the several years he lived in Bethel. His people held him in high esteem and many public offices were tendered him.

He was a good father, a good husband, and his cheerful, unselfish nature brought him many friends, and he was ever ready to extend a helping hand to those in want.

Besides his wife he is survived by six children, Ethel, wife of Fred Towne of Albany, Dean of Boston, Annis of Albany, Laurant with the U. S. Army in Texas, Lillian and Olive students in Gould's Academy three brothers and two sisters in California and a sister, Mrs. Mattie Hubbard, in Maine; and several grandchildren.

The funeral was held Friday afternoon at the Songo Pond schoolhouse with Rev. H. S. Trueman officiating and the interment was in the cemetery nearby.

MELINDA L. BEAN.

Mrs. Melinda L. Bean died at the home of Mrs. Sweet on Church street last Thursday noon.

Mrs. Bean was the widow of Christopher C. Bean of East Bethel who ran the ferry there for many years. After the breaking up of her home there she resided in the village with her only child who had married Harro A. Packard. Mrs. Packard died in 1911 and since that time the two granddaughters have been most devoted to their grandmother and have made many sacrifices in order that she might have every possible pleasure and comfort. They have provided a home for her through several years of semi-invalidism. After the breaking up of their home three years ago Mrs. Bean boarded with Mrs. V. M. Mason Crosby at the steam mill neighborhood. Last spring she came to the village to board with Mrs. Sweet, who has given her every attention.

Mrs. Bean was born in July, 1839, the daughter of Sri and Maria Latham Needham and was the last of a large family of children. It was her brother, Sumner Needham, who was one of the three to first give their lives for the country in the Civil War.

She is survived by two granddaughters, Ida Packard of Bethel and Melba Packard of Portland, and son-in-law, H. A. Packard of Portland. Two nieces, Mrs. E. N. Anderson of South Paris and Miss Mabel Newell of Saco, one nephew, Frank Needham of Portland.

The funeral services were held at the Congregational Chapel, Saturday afternoon at 1:30.

MASONIC INSTALLATION.

Bethel, Lodge No. 27, F. & A. M., held a public installation last Thursday evening with Right Worshipful D. O. Lovejoy as installing officer assisted by Rev. W. C. Curtis as Chaplain and P. B. Merrill as Marshal. The following officers were installed for the ensuing year: W. M.—D. C. Conroy. S. W.—E. L. Brown. S. E.—E. P. Lyons. Sec.—H. C. Rowe. Treas.—E. H. Young. Chaplain—W. C. Curtis. Marshal—P. B. Merrill. S. D.—E. B. Hall. J. D.—Chester Cummings. S. S.—Philip Chapman. J. S.—D. O. Brooks. Tyler—H. M. Farwell. The exercises were interspersed with the following program: Piano duet, Misses Marjorie Farrell, Vivian Wright Vocal solo, Miss Bernice Keniston Viola solo, Miss Vivian Wright Refreshments of tea cream and cake were served and a general good time enjoyed.

GOULD'S ACADEMY

Examinations Wednesday and Thursday of this week.

Doris Moore is spending the week with Helen Clark.

Chester Howe went to his home in Hanover last Thursday.

Marion Wilson spent the week end with Miss Angie Chapman.

School closes Dec. 14 for the Christmas vacation. Classes will be resumed Jan. 1, 1918.

Robert and William Hastings, Dorris Moore and Ruth Cole have recovered from the measles and returned to school.

The Y. W. C. A. meeting this week will be on Wednesday. It will be a Christmas meeting and Blanche Herriek will lead.

Jennie Bean and Edith Cummings attended the funeral of Mr. Pingree on Friday, as representatives of the Y. W. C. A., and the Academy.

The Y. W. C. A. meeting last week was led by Miss McQuade. Subject, "Broken Swords." Myrtle Beckler played a piano solo and Hazel Kington and Jennie Bean sang a duet.

The Y. W. C. A. girls met for their Red Cross meeting last Wednesday as usual. The time was devoted to sewing. This week the meeting will be omitted and hereafter these meetings will be held Thursday directly after the regular Y. W. C. A. meeting.

This week, Tuesday, the annual exercises in memory of Morris Pratt were held at the Academy. There was a paper by Mrs. Gehring, solos by Mr. Phipson and Miss McQuade, and singing by the school. A more complete account will appear in the Academy Herald, shortly to be published.

Friday, Dec. 14, the Gould's basketball team goes to Colerbrook.

Last Friday the West Paris H. S. played basketball at the G. A. gym. Gould's won 15 to 8. It was a fine, clean game. Bryant starred for Gould's, winning eleven of the fifteen points. The line-up was as follows: Gould's. West Paris H. S. Hall, lb. McAllister, lb. Billings, lb. Brooks, lb. Bartlett, c. Bacon, Young, lb. Bane, Bryant, lb. Goals from the floor: McAllister 2, Billings 1, Bacon 1, Bryant 4, Young 2. Goals from fouls: Bryant 3, Referee, Chapman. Umpire, Small. Scorer, Pratt.

After the game the Y. M. C. A. boys gave a dance at Grange Hall, for which the girls furnished music.

GEORGE MUNDT WRITES FROM FRANCE.

Battery A, 7th P. A. A. E. F., France. Nov. 13, 1917.

My Dear Mother:—

I have a chance to write to you now and am taking advantage of it. For the past month we have had no chance to mail a letter. We have been at the front and are now billeted in France somewhere. I was some pleased to get your letters although they make me wonder whether I will ever be with you again. I had several letters and was glad to hear every one was well. We are not allowed to ask for anything but you must know what one needs in a cold climate like here. We all got a few papers the other day and enjoy them, well some.

How can I tell you about myself? I never was much of a blout, I am well and stand all the little work very well and I will be strong as a moose when I come back. I would write to the children but haven't permission to write but two a week. The line from Grange brought back memories of home with a pair of gloves always for my present. Yes, I sure did hit action quick. On the line in about four months. They think we didn't drill but little and they tell about the mud and rain in France we drilled in. We have made several hikes and it rained nearly all the time. The roads are all just like Brandy Brook hill only more slippery and just as steep in places.

There is nothing to say. I have just been out for some exercise and my old horses are looking quite well. I hope you will tell all the friends to write to me once in a while for I enjoy their letters which I cannot answer. Love to all, George Mundt.

GRANGE NEWS

BETHEL GRANGE.

Bethel Grange held a special meeting, Dec. 6, for the purpose of conferring the third and fourth degrees. Officers absent at roll call were Steward, Chaplain, Secretary and Gate Keeper. There was no program. Our next meeting, Dec. 13, is election of officers. In the afternoon there will be held a sale consisting of aprons, fancy articles, quilts, etc. At 8:30 supper will be served to all Grangers and their families.

PLEASANT VALLEY GRANGE.

Pleasant Valley Grange, No. 136, West Bethel, held its regular meeting Tuesday evening, Dec. 11. There were 29 members and two visitors present. Six candidates were made ready for membership at a later date. The following officers were elected for the following year: Master—L. A. Sumner. Overseer—Asa Howard. Lecturer—Bertina Munn. Steward—Edmund Smith. Asst. Steward—Thirza Gibson. Chaplain—Grace Farwell. Treasurer—A. M. Farwell. Secretary—Harry Hoar. Gate Keeper—Nicholas Mather. Ceres—Bertha Sumner. Pomona—Alice Brown. Flora—Ruth Grover. L. A. Steward—Maggie Lowell. Member of Executive Committee to serve three years—Clarence Barker.

It was voted to send the Master and wife to Lewiston to the State Grange. Grange closed in form.

NORWAY GRANGE.

Norway Grange met Dec. 8. The meeting was called to order by Worthy Master Richardson at 10:40 a. m. Opening song, "America." After opening exercises minutes of last meeting were read and the reports of the several standing and special committees were presented and acted upon, also several other matters of business were attended to. The Grange voted to send Worthy Master G. W. Richardson and wife to the State Grange to be held at Lewiston, Dec. 18, 20. Prof. G. A. Yon of Capitol Grange and Mildred Perham of Franklin Grange were visitors during the forenoon session. A picnic dinner was enjoyed after which the following officers were elected for the ensuing year: Master—W. O. Perry. Overseer—Frank Gannon. Lecturer—Mrs. Adelaide Young. Steward—Edgar Dunn. A. Steward—Howard Heath. Chaplain—Mrs. Lucella Merriam. Treasurer—Mrs. Louisa Gannon. Secretary—G. W. Richardson. Gate Keeper—A. T. Crocker. Ceres—Mrs. Mary Perry. Pomona—Mary Gannon. Flora—Gertrude Dunn. L. A. Steward—Edith Watson. Chorister and Pianist—Mrs. Gladys Russell. Executive Committee—Clarence W. Buck. Meeting closed in form.

WEST PARIS GRANGE.

At the regular meeting of West Paris Grange held Saturday, Dec. 8, the following officers were elected for the ensuing year: Master—C. A. Church. Overseer—L. H. Ellingswood. Lecturer—Mrs. Grace Hadden. Steward—C. B. Stevens. Asst. Steward—Morris Ellingswood. Chaplain—F. L. Wyman. P. Treasurer—Frank Littlehale. Secretary—Madeline Peabody. Gate Keeper—Chas. Marshall. Pomona—Mrs. Ellingswood. Ceres—Mrs. A. E. Tuel. Flora—Mrs. Frank Littlehale. Chorister—Mrs. B. A. Grover. L. A. Steward—Edith Stevens.

LONG MT. GRANGE.

Long Mt. Grange held its election of officers Saturday, Dec. 8. They are as follows: Master—Mrs. George Learned. Overseer—Mrs. Dorothy Baker. Lecturer—Mrs. Evelyn Stevens. Steward—Mrs. Carrie Morton. Chaplain—J. H. Abbott. Treasurer—W. W. Perkins. Secretary—Mrs. Margery Thomas. Gate Keeper—L. B. Hall. Ceres—Ellen Akers. The remainder of the officers will be elected at the next meeting.

CARD OF THANKS.

We wish to thank all our friends and neighbors for the many acts and words of kindness extended to us in our recent bereavement. Mrs. Clorie Pingree and family, Mrs. Mattie Hubbard.

CHURCH ACTIVITIES

UNIVERSALIST CHURCH.

Morning service at 10:45. Subject of the sermon, "Standing Alone." Sunday School at 12. A full attendance desired. Evening meeting at 7. All are welcome.

The Y. M. U. A. will meet next Monday evening at 7 o'clock at the chapel.

CONGREGATIONAL CHURCH.

Choir rehearsal this Wednesday evening with Mrs. Mansfield. Sunday: Morning worship with sermon at 10:45. Subject of the sermon, "God takes care of his own." Sunday School at 12. Christian Endeavor service in the evening at 7 o'clock. Mrs. Curtis leader.

The Ladies' Club will meet with Mrs. J. M. Philbrook, Thursday afternoon at three o'clock. Cottage prayer meeting Tuesday evening at 7:30.

METHODIST CHURCH.

Sunday services in the M. E. church. Morning worship at 10:45; subject of the morning sermon, "Christlike character." Sunday school at 12. Men's class will meet in their class room at 12. All the members of the class are urged to be present. Junior League will meet at 3 under the direction of the Supt., Miss Capen. Epworth League at 7. Evening service at 7:30; sermon, subject, "An important Question." The pastor will preach morning and evening. Tuesday night class meeting at 7:30. The Ladies' Aid will meet with Mrs. Kendall on Spring street, Thursday afternoon of this week at the usual hour.

GRANGE SALE.

The Grange will hold a sale of aprons, fancy articles, puffs, etc., at Grange Hall, Thursday afternoon, Dec. 13. Sale begins at two o'clock. Ten per cent of the proceeds are to be given to the Red Cross. By helping the Grange you are helping the Red Cross and by helping the Red Cross you are helping the Grange.

FEMALE HELP WANTED.

Wanted—applications for positions as clerks in our subscription department from girls with a fair to good education. If your application is accepted, you will be started at \$7 a week and will be raised just as rapidly and just as high as your work justifies. There is no salary limit with us. You will, if you choose, be given a chance to learn typing, stenographic, letter writing and other jobs at which extra-good pay can be earned and you will have a direct line of advancement open to you to some of the highest positions in the establishment. Our publishing business holds a bright future for ambitious girls who are willing to work—and if you are such a girl we hope you will write us. We shall be pleased to send you free our illustrated booklet "Work for COMFORT." This will give you an idea of the place, the work and the future it offers. Then, if you like the prospects here, you can put in your application. Why not write today for this booklet to W. H. Gannett Publishing Department O. C., Augusta, Me. 12-13-17.

NOTICE.

To the Republican Voters of Oxford County: As it has been the custom of the Republican Party of Oxford County to give to the State Senator two terms, I shall be a candidate for re-nomination at the June Primaries, and earnestly ask your support. Very respectfully yours, ORMAN L. STANLEY, State Senator. Porter, Me., Dec. 10, 1917. 12-13-17

NOTICE.

The annual meeting of the Stockholders of the Bethel National Bank will be held in the banking room of said bank, in Bethel, Maine, on Tuesday the eighth day of January, 1918, at two o'clock in the afternoon for the purpose of electing directors for the ensuing year and the transaction of any other business that may legally come before said meeting. HILERY O. PARK, Cashier. November 23th, 1917. 11-23-17

What Better Gift Than One That Lasts All Year?

A Year's Subscription to a Good Magazine.

CARL L. BROWN.

Magazine Subscriptions, Bethel, Maine.

IF YOU HAVE ANYTHING TO SELL, ADVISE IT.

WANT COLUMN.

Put your Want and Sale notices here and they will be read in 3,000 Oxford County homes—4 lines, 1 week, 25c. 3 weeks 50c.

NOTICE.

I wish to announce to the people of Bethel and vicinity that I am prepared to do all kinds of plumbing and repair work at a reasonable price, also sheet metal work. All work carefully and promptly attended to. ALBERT BURKE, Bethel, Maine. Telephones—Shop, 10—12; Res., 20—7

FURNISHED ROOMS.

AUTO AND TEAM CONVEYANCE C. C. BRYANT, 2 Mechanic Street, Bethel, Maine. Telephone Connection.

H. E. LITTLEFIELD, AUTO AND HORSE LIVERY, Day or Night Service, Bethel, Telephone Maine.

A few GOOD Suggestions:

SHOES

MOCCASINS for ladies' and gent's

SLIPPERS

BOSTON GARTERS

LIGHT & HEAVY STOCKINGS

SPATS

SNOW SHOE SANDALS

FELT SHOES

REPAIRING

YOUNG'S SHOE STORE

Phone 14-4.

DR. AUSTIN TENNEY, Oculist.

Practice limited to diseases of the Eye and the fitting of Glasses. Office at house of Clarence Hall, Bethel. All work guaranteed. Office hours—8:00 A. M. to 4:00 P. M.

WANTED.

Woman to do housework and take care of children. Home and good wages to right party. H. A. SWEENEY, No. Bethel, Maine. 11-29-17.

BUY WHILE THE BUYING IS GOOD.

See what we have for you this Week:

Salt Pork, 25c

Sliced Cocoanut, 9c

Corn Starch, 9c

Gd. Nutmeg, 10c

5 lb. Fall Compound, \$1.19

10 lb. Fall Compound, \$2.38

Spinach, Lettuce

Onions, 4.1-2c

Grapesfruit, 3 for 25c

2 lbs. for 25c

We take eggs in exchange for groceries.

BETHEL FRUIT STORE.

Watch for prices every week.

BATTERIES CHARGED, STORED AND REPAIRED.

Can be charged on or off car. Bring your batteries to me for winter storage.

ROSCOE C. ANDREWS, Bethel, Maine. 11-8-17.

FOR SALE.

Two sets double sleds, two traverses runner pangs, two set double harness, two single harness.

A. F. COPELAND, Bethel, Me. 11-29-17.

NOTICE.

All taxes due the town of Bethel must be paid before Dec. 17 to save the cost of advertising.

FRED R. HALL, Collector. 12-8-17 p.

SLEIGH FOR SALE.

In first class condition. Price \$75. Inquire at Chilton Office. 12-13-17

THE OXFORD COUNTY CITIZEN

PUBLISHED EVERY THURSDAY
BY FRED E. MERRILL.

BETHEL, MAINE.

Subscription \$1.50 per year in advance. If not paid in advance \$2.00 will be charged.

Entered as second class matter, May 7, 1908 at the post office at Bethel, Maine.

THURSDAY, DECEMBER 13, 1917.

SELLING POTATOES BY THE POUND.

A Comparison of Values by Barrels, Bushels, and Hundredweights.

The United States Food Administration has recently taken steps to standardize the unit by which potatoes are sold through the country and to require that they be quoted by the hundredweight or pound. A little study of the situation will convince any open-minded person that the plan possesses certain distinct advantages. One of the greatest of these is that of uniformity. It will now be possible for the grower or dealer to compare at once, without any mathematical calculation, the prices quoted in one locality with those prevailing in another.

In the past the cities and towns potatoes have been retailed by the peck and bushel. The growers, shippers and jobbers have sold by the bushel, barrel and sack. The legal weight of a bushel of potatoes may be 60 pounds in one state and 55 pounds in another. The barrel might mean 165 or 180 pounds, and potatoes have been quoted and sold in 100 pound, 120, 140, 160, 180 and 200 pound sacks in different parts of the country. The 165-pound barrel or sack has been in universal use in Aroostook County but its popularity has not spread to a great extent to other parts of the country. In fact, although the barrel unit has been gaining in favor in other parts of Maine, particularly where potato raising has developed to some extent as a special industry, the bushel is still in common use in most sections in the southern part of the State.

Established usages and customs, although they may possess evident points of inferiority, are difficult to displace. Most people who are accustomed to think in barrels and bushels do not find it easy to change abruptly and to adjust their conceptions at once to an un-

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It is a regular prescription. It is composed of the best known ingredients, combined with the most blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

W. J. CUMMINS & CO., Props., Toledo, O.

Sold by Druggists, price 75c.

Take Hall's Family Pills for constipation.

directly new unit of measurement. One of the members of the staff of the Maine Agricultural Experiment Station, has, for his own convenience, compiled a table of comparative values of potatoes when sold by the barrel, bushel or hundredweight. By it one can tell at a glance the approximate equivalent price per barrel or bushel when potatoes are quoted by the hundredweight. No attempt has been made to secure absolute accuracy, for, in assigning the equivalents, fractions of a cent have been disregarded. A portion of this table is reproduced here with the idea that it will be of service to the potato growers and possibly to those who buy at the retail markets.

Since in Maine, particularly Aroostook County, the barrel has been for the most part the selling unit at the loading station it has been taken for the starting point of the table. The first column in each case gives the price per barrel, with a difference of ten cents between two successive prices. Opposite at the right and in parallel columns are found the approximate equivalent prices per bushel and hundredweight. Where quotations are made on the basis of the hundredweight, refer to the column so marked and opposite at the left of the price quoted will be found the approximate equivalent prices per bushel and per barrel.

Approximate Equivalent Values for Barrels, Bushels and Hundredweights of Potatoes.

Price per Bbl., 165 lbs.	Price per Bbl., 180 lbs.	Price per Bbl., 200 lbs.	Price per Bbl., 220 lbs.	Price per Bbl., 240 lbs.	Price per Bbl., 260 lbs.	Price per Bbl., 280 lbs.	Price per Bbl., 300 lbs.
1.50	0.36	0.01	1.00	1.67			1.74
1.10	0.40	0.67	4.70	1.71	2.82		
1.30	0.44	0.73	4.80	1.74	2.91		
1.20	0.47	0.79	4.90	1.78	2.99		
1.40	0.51	0.85	5.00	1.82	3.03		

CE
of our service
efficiency. That
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g accounts are

MPANY
FIELD ME.
ACCOUNTS

Robinson,
L. Mason,
ry Field,
W. Cole,
E. Newell,
B. Tebbels,
in R. Billings,
Titus,
J. Mann.

ICE
of Companies
August, 1885, and being
Oxford County, this agree-
ment to your inas-
ure FIFTY YEARS.
to place.

IN, Agent
NORWAY, MAINE

NOTICE.

criber hereby gives notice
been duly appointed ad-
of the estate of David S.
of Bethel, in the County
of Oxford. All persons having
claims against the said de-
ceased, to present the same
in writing, and all indebted there-
to, to make payment im-

CINDA M. YORK,
Bethel, Maine,
11-29-31

a saw it in the Citizen.

"Gifts

Hundreds and
Hundreds of
American made
DOLLS

All standard makes;
all sizes; all styles
25c to 16.50
On Fourth Floor

many designs,
sh Trays, Ink-
useful gifts in

S
boxes,
from 10c to \$5.00.

ickets will solve
icks.

A large line of

KS
of war, travel

es, Army Mod-
ki roll-up free,
in new service

PORTEOUS, MITCHELL & BRAUN CO.

We hear it every day—and many times a day—"when one approaches this store with its unusual Holiday appearance and the chimes of musical bells, and upon entering the store and looking around at the bright, cheerful decorations and beautiful merchandise, it is easy to understand why it is known far and near as"

"Christmas Shopping Headquarters"

Only 13 More Shopping Days Before Christmas

Did you realize the time was so short? We are, and have been, fully conscious of it—and we are all ready to serve you. Stocks are in prime condition all over the store. We are as ready to fill your needs for the so-called "sensible gifts" as we are to give you the latest, the most desirable and most pleasing of the real Holiday lines that are made, bought and sold for joy giving and heart cheering.

Plenty of pleasant people to wait upon you—plenty of light and warmth—plenty of the real spirit of the time and occasion. Im-possible for anyone to step inside our front doors without being immediately conscious of the fact that Christmas with all its stands for is right at hand.

"Do your shopping early" is a suggestion that has been forced upon you for the past two weeks—but listen—even if you start Christmas shopping tomorrow it will not be really "early"—certainly not too early.—P. M. & B. Co.

The largest and
best assorted
stock of
TOYS
we have ever
assembled. Toys
for girls and boys
25c to 25.00
In the basement

**Mail Christmas Packages
Early—Mail Them Here**

Whether you are mailing to a near-by or distant point your Christmas packages should be started not later than next Satur- day, and the earlier before that date the better.

The Post Office people and the Express Companies are working to the limit—the congestion is becoming greater and greater every day—there is bound to be delays in deliveries. It is not a comforting thought that the present we so carefully selected for an absent dear one, and which we hoped would bring joy to the recipient on Christmas morning, should get there "to late."

Make your selections now of gifts for out-of-town friends, and start them away as soon as possible. At our Army and Navy Mailing Booth we will take care of the mailing of all packages to U. S. Sailor or Soldier boy in fort or cantonment—as well as any or all other packages—we do this gladly.—P. M. & B. Co.

**Come and See Our
Holiday Store Decorations**

Thousands will enjoy the glorious Holiday display of colored lights on the outside of our big store building. The power which furnishes electric current for this exhibition had its birth and is being nourished and supported by the "Bonny Eagle" and "Hiram" waterfalls of the good old Saco River. Nature's gifts are thus employed for the benefit and delight of all—the auto- cratic monarch, "King Coal," is disregarded.

Bring the children to see this charming display—the whole grand effect will leave on their impressionable young minds a fair picture which they will never forget. Inside the store we have arranged a series of tableaux which are causing untold delight among the children. Share in this delight yourself by watch- ing the eager faces and bright eyes of the little folks—if you do not get a heart-throb or two—well—

The characters and groups in these tableaux look as though they might have been lifted right out of the illustrated rhyme books of old Mother Goose—and they are all immediately recognized by their friends, the Children and called by name—"Sing a Song of Sixpence," "Peter, Peter, Pumpkin-Eater," "There Was an Old Woman Sat Spinning," "Barber, Barber, Shave a Pig," "Hickory, Dickory, Dock," "The House That Jack Built," etc.—P. M. & B. Co.

**Bring the Little Folks
To See Old Santa Claus**

He will be in our show window every day—between the hours 10.00 to 12.00 a. m., and 2.30 to 5.00 p. m.

Surrounded by the Toys and Games which represent much of his life-work—giving "first aid" to the slightly damaged ones, and setting in motion the trains, trams, autos and cars, and other moving pieces of juvenile entertainment, old Santa Claus, with his ruddy face and his elegant new silk plush suit of cherry red with white fur trimmings, is ever ready to greet his little friends as they crowd around in front of his window to see him—and his personal salutations are received by the children with mixed expressions of awe and rapture. By all means bring the children to see old Santa—and between ourselves, you'll get a whole lot of fun out of it for yourself—see if you don't.—P. M. & B. Co.

**Our Holiday Chimes
Will Please You**

chime of Christmas bells are located. The musician is hidden from view, but as the strains of the good old tunes float out over the street, each note as clear as a bell, we know he is at his post. Old Christmas carols, folk songs and National hymns all join in forming a medley which is known to everyone—and passerby pick up the strains of the tunes and whistle them as they walk along.

PORTEOUS, MITCHELL & BRAUN CO.

NORWAY
W. N. and H. R. Powers are hauling his timber to the river bank.
P. B. Douglass is guarding his timber ready to saw.

D. C. Smith has a small crew getting his timber hauled.
R. F. Davis is hauling his apples to Bethel.
G. H. Leonard is hauling wood to Bethel for A. C. Frost.

P. I. French has gone to Hroel, N. H., to work for R. B. Thurston in the woods. Mr. Kimball from Bethel is doing their chores.

CANTON

The Inspection of Evergreen Chap- ter, O. E. S., will be held Wednesday evening, Dec. 12th, when Mrs. Charles of Fryeburg will be inspector. She will be entertained while in town by the W. M. Miss Abbie C. Blackwell.

Arthur B. Sampson passed away Dec. 3rd, at the home of his nephew, Elie Sampson, after a long period of ill health. He was born in Sumner, the son of Standish Sampson and Sarah Walker Sampson, and was 59 years of age. He married Miss Fannie Bisbee of Sumner who passed away several years ago. He is survived by one brother, Albert S. Sampson, of Gilbertville, and seven nephews. Two sisters, Mrs. Martha Marston and Mrs. Mary Alley, have passed away. He was a member of the Androscoggin Lodge of Odd Fel- lows of Auburn. The funeral was held Wednesday at the home, Rev. Carrie M. Price officiating. The floral tributes were very beautiful. The interment was at East Sumner.

The funeral of Mrs. Ida B. Barrows was held Tuesday at the home, Rev. Harry G. Clark of South Portland of- ficiating. The floral offerings were many and beautiful and included a love- ly wreath from the Relief Corps. The bearers were Frank M. Oliver, A. P. Hayford, E. K. Hollis and G. L. Wad- din. Among those who attended from out of town were: Miss Matilda Hall of Andover, Mrs. Esther H. Reed of Livermore Falls, Mrs. Leon Small of Mexico, Mrs. Lizzie Bent of Peru, Benj. Gerrish of Buckfield and Mrs. Nellie Morse of Rumford. The interment was at Pine Woods Cemetery.

Mr. and Mrs. Neil K. Forhan of No. Billerica, Mass., have been guests of his parents, Mr. and Mrs. J. K. Forhan. The Universalist Circle was enter- tained Thursday by Mrs. G. L. Wadlin. A nice lunch was served the members. The next meeting will be at the church vestry when a sale is planning to be held.

The new concrete bridge in the vil- lage was accepted and opened to the public, Saturday.

Fred Standley has been visiting his sister, Mrs. Ellery Poland, at Houghton.

The Red Cross sale and entertainment will be held next Friday at the Opera House. The sale commences at two o'clock and entertainment at eight in the evening. A dance will follow. It is hoped there will be a good attend- ance and a liberal patronage.

Mrs. Ida Dodge and son are moving to South Paris, where Mr. Dodge has accepted an appointment on an R. P. D. route. They have sold their stock to LeBaron Card, who has also leased the farm.

Mrs. Evie B. York has been visiting Mrs. Chas. C. Bartlett of Lewiston.

The village schools are all closed on account of the epidemic of measles.

Mrs. Nancy Bailey has closed her house and is staying with Mr. and Mrs. John Bailey this winter.

A. P. York has secured a deer while at South Rangely.

Mr. and Mrs. Guy Rich have been visiting in Monmouth.

Mrs. Lizzie P. Wharf of Massachu- setts has been a guest of her cousins, Asia E. and Carrie P. Hayford.

Mrs. D. L. Barker and all her chil- dren are ill with the measles.

Miss Carrie F. Hayford is confined to her bed by illness. Miss Eva Briggs is caring for her.

Mrs. Sarah E. Tucker plans to close her home the 20th and spend the re- mainder of the winter in Exeter, N. H., and Lynn, Mass.

Allee and Robert Hardy, Eleanor Yates and M. E. Huxey and children are all ill with the measles.

Roseberry has been a guest of his grandparents, Mr. and Mrs. Chas. W. Thompson, of Auburn.

Miss Eleanor Westgate is planning for a Christmas entertainment at the close of her school at Gilbertville.

Miss Christina Gohart has returned from the C. M. G. Hospital.

Winfield Farrar has sold his stand at Gilbertville to Arthur Chamberlain who has taken possession.

Mrs. Howard Hannon has been visit- ing at Rumford.

Robain Arneson was in Canton last week and purchased the heavy four horse team of Guy F. Boothby.

Arthur L. Tirrell, who is employed at Rangely, has secured a large bear.

A. P. York was at home from South Rangely over the Sabbath.

Miss Lida Allen of Livermore Falls spent the week end with friends in town.

Mrs. M. A. Walte entertained Rev. Heman H. Forbes over Sunday.

Mrs. Winifred F. Roberts played at a concert at Livermore Falls, Friday evening. She was accompanied on the pipe organ by John Carter.

Miss Mary I. Richardson closed a successful term of school at No. Turn- er, Friday, and returned home for a three weeks' vacation.

The Pine Tree Club will meet next with Mrs. Marion A. Smith.

Rev. H. O. Clark of South Portland has been a guest of friends in town.

The young people enjoyed a social at the Orange Hall, Saturday evening.

The Red Cross will meet only one day in each week hereafter, which will be Wednesday. Another machine is need-

BLUE STORES

"I'm Going to Give You A New Suit For Xmas."

It's easy enough to imagine Father telling Son this pleasing news. Likewise, you can hear Mother or Son say, "Father,

You Need A New Overcoat.

The spirit of usefulness is becoming paramount in the giving of Xmas presents and this year will produce more genuine satis- faction from this source than ever before.

Why Not Come To Norway or South Paris This Year?

You will find good stores well stocked with goods.

Visit Our Store For What Clothing You Want.

We are anxious to show you.

F. H. NOYES CO.

NORWAY SOUTH PARIS

Ladies' Button Boots for \$3.00

We have a lot of ladies' boots which we are selling for \$3.00. Two styles; one kind has a very low heel and wide toe, the other medium heel and toe. They are sensible and durable and are surely a bargain. They are worth \$4.00. All sizes 24 to 7.

E. N. SWETT SHOE CO.

OPERA HOUSE BLOCK, TELEPHONE 38-2

NORWAY, MAINE

We pay postage on all mail orders.

IRA C. JORDAN

DEALER IN

**General Merchandise
and Haskell's Feed**

BETHEL, MAINE

Buy It Now



When you are convinced that a certain investment will pay you certain, large dividends, and the opportunity is presented for you to make that investment Now—Why wait?

The Playerpiano will certainly prove a good investment for you and for your family, it will certainly pay you large di- vidends of pleasure, of satisfaction, of enjoyment and of good cheer all the rest of your life. Why wait?

The Playerpiano itself is so handsome, is such good value, the tone is so full and sweet, that taken all in all it is the oppor- tunity of your lifetime to get all you want in music, just as you want it.

Come in and see the instru- ment. Test it any way you choose. Have your musical friends try it for tone, for touch, for shading, and then see how all the world of music unrolls before you as the Playerpiano as a player opens avenues of expression, of tech- nique, that you have longed for but never hoped to enjoy. Don't wait—Come in Now.

Pianos Playerpianos Organs

New Music Rolls every month for the Playerpiano.

W. J. Wheeler & Co.

South Paris Maine

ed in the rooms. 167 pairs of hose have been sent to the Red Cross at Rumford the past week. The auxiliary wishes to thank all those who helped with the Christmas packages to the soldiers in contributions or articles.

THE HICKS 1918 ALMANAC

For more than twenty-five years the Hicks Almanac has had a world-wide reputation. The 1918 Almanac has been prepared by Irl R. Hicks, Jr., assisted by Rev. John B. Noyes, for many years the assistant editor associated with

Rev. Irl R. Hicks. Bigger, brighter, better than ever is a concise descrip- tion of the 1918 Almanac. It is now ready and is sold as before for 25 cents postpaid. Word and Works is the name of the monthly magazine founded by Rev. Irl R. Hicks. The sub- scription price is \$1.00 a year, includ- ing a copy of The Hicks Almanac to the subscriber. Send 5 cents for a sam- ple copy. Write Word and Works Pub- lishing Co., 3101 Franklin Ave., St. Louis, Mo.—Adv.

IT PAYS TO ADVERTISE.

RUMFORD

R. J. Virgin and Miss Sue Virgin, who are spending the winter at St. Petersburg, Florida, have taken a furnished house for the season, and are enjoying their stay. Prof. and Mrs. Thiele and daughter, Caroline, arrived there last week, and Mrs. Arthur Morrison, formerly of Rumford, is also a winter resident of that city.

John Elliott of the Swain road is ill with the measles.

Joseph Mattheu has begun on the foundation of a house on Penobscot street extension for his daughter, Mrs. Wilfred Caron.

Rumford wood burners are now paying \$13 per cord for dry wood in block; while dry wood fitted for the stove is \$14 per cord. Soft coal is \$12 per ton, which is \$1 more per ton than hard coal, only that no hard coal is obtainable. Coke has also been used some here at \$13 per ton, but the supply of that in Rumford is now exhausted. The International Paper Company which has handled some coal this winter for its employees, will do so no more this season.

At the annual election of the officers of Sonsall Ste. Anne L'Union St. J. B. Amerique, Mrs. Cedulle Bellevue was chosen as president. It was voted to play cards as usual after the first meeting of the month, with a special prize at the end of the year for the highest score, and at the second meeting a social hour will be spent sewing and knitting after which a lunch will be served. Mrs. Josephine Leeward will have charge of the lunch on Tuesday, Dec. 18.

The death of Angus McLellan of the Virginia District occurred last week at his home. He was nearly 92 years of age, and leaves two sons and two daughters.

On account of poor health, Mr. F. O. Walker has decided to sell out his ice business.

The marriage of Melvin W. Campbell and Miss Lydia MacMicken, both of this town, will occur in the near future.

The death of Abraham Bernier occurred at his home on Waldo street last week. His death came very suddenly, heart trouble being the cause. He leaves a wife and one son, Fred Bernier.

The following officers have been elected in Osgood Eaton Woman's Relief Corps for the ensuing year: President, Eudora Ames; Senior Vice President, Anna McMenamin; Junior Vice President, Johanna Schouquet; Treasurer, Annie Buford; Chaplain, Lucia Smith; Conductor, Christine Peterson; Guard, Margaret Roderick; Delegates, Jessie Holley, Lucia Smith, Rose Haines, Josephine Landry; Alternates, Annie McMenamin, Lena Felt, Ella Goodwin, Emma Smith.

George Eldridge and Albert Innes have gone to Portland, where they have found employment.

Austin, the little son of Mr. and Mrs. Thomas McInnis, is suffering from a burn on his wrist.

Miss Helena Conway is confined to her home by illness.

Miss Thelma Wyman is the guest of relatives and friends in Lewiston for a few weeks.

The teachers room at the High School contains a very fine plush couch, a gift from the class of 1910.

Frances Chandler has gone to Orlando, Florida, to spend the winter.

Miss Dorothy Linnell is clerking in the store of the E. K. Day Company.

A new electric cash system is being installed at Day's store. Mr. Sweetser of the Lamson Company of Boston is directing the work.

The wedding of Arthur Marceau and Miss Josephine LeBat will take place in the near future.

Mr. and Mrs. John Brennan of Stratglass Park are receiving congratulations upon the birth of a baby girl.

Mrs. Gene Jordan of Mexico is working in Day's basement store during the holidays.

There will be a benefit for the Red Cross given at the Opera House on Wednesday and Thursday of this week. Besides the regular big feature picture program, there will be a picture showing the work of the American Red Cross, 15 per cent of the entire receipts for these two days go intact to the local Red Cross.

As has been the custom for several years past, a sacred concert will be held at Majestic Theatre, Sunday afternoon and evening for the benefit of the poor families of Rumford and Mexico. The concert will be given by the employees of the several mills.

Mr. and Mrs. John Welch of Frankfort street entertained the Card Club of

BETHEL TESTIMONY.

Home Proof, Here, There and Everywhere.

When you see Doan's Kidney Pills recommended in this paper you must always find the recommender a Bethel resident. It's the same everywhere—in 3800 towns in the U. S. Fifty thousand people publicly thank Doan's. What other kidney remedy can give this proof of merit, honesty and truth? Home testimony must be true or it could not be published here. Read this Bethel recommendation. Then insist on having Doan's. You will know what you are getting:

O. L. Davis, coal dealer, Main St., says: "My back troubled me on account of doing heavy lifting. There was a dull ache across my kidneys and my kidneys acted irregularly. Doan's Kidney Pills, which I got at Bosserman's Drug Store, relieved the backache and regulated by kidneys. I take Doan's now to keep my kidneys in good condition and always get prompt results. I place great confidence in them."

Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. Davis had. Foster-McIlburn Co., Mfgs., Buffalo, N. Y.

which they are members at their home on Thursday evening last. Twelve members enjoyed the evening's game, after which music both vocal and instrumental was furnished by the various ones, when a most delicious lunch was served by the hostess.

2nd Lieutenant Albert Bellevue leaves on Thursday of this week for a large camp near Baltimore, Maryland. Charles Flanders, a 1st Lieutenant in the ordnance department, is to enter a munition factory in Washington.

Among the Rumford boys who left town on Monday morning, having entered in the army or navy are James Young, who has enlisted for the navy; Herbert J. Howland, who has enlisted in the Quartermasters Department, and has gone to Fort Slocum, N. Y.; and Archie Mann of Mann Brothers, the bakers, who has enlisted as an army baker.

Miss Mary Davenport of Wilton, Me., a student in Bliss Business College at Lewiston, is in town for a stay of six weeks, working at the Rumford National Bank. During her stay in Rumford she is boarding at the home of Mr. and Mrs. Walter O. Ralnes on York street.

At the annual fair of the Universalist church which was held last week, it is reported that about \$150 was realized.

There have been nearly 400 new members secured for Mechanics Institute by the membership committee which has been working for the past two weeks to revive an interest in the welfare of the institution. The matter will now be taken up with the management of the several paper mills in town, and Hugh J. Chisholm of New York, before a definite decision concerning the closing of the Institute is made. On Tuesday evening an entertainment consisting of the Whittemore Trio, and Lucille Adams was given at Municipal Hall under the auspices of Mechanics Institute.

James Shannahan is recovering slowly from the effects of a fall on the ice about two weeks ago. He was hurt internally, and his face cut by the hard snow and ice.

Archie Slinger, who has been for some time in Detroit, Michigan, in an automobile factory, and from which he enlisted in an ambulance corps, is now in France at a hospital base, having arrived there the latter part of November. He is a son of Mrs. E. Slinger of Clackson Place, this town.

GROVER HILL

Another big snow storm Saturday night.

Hollis McAllister lost a horse last week.

Ben. Tyler, Homer Bartlett and C. J. Whitman are at work in the woods for Maurice Tyler who is leaving.

Alfred J. Fosslee is cutting birch for Harry A. Lyen.

Mrs. A. H. Grover and Geo. Grover both have bad colds.

Bruce Hatchinson was ill and unable to attend school last week.

Ell Grover from Massena was in the place, Monday.

Karl Stearns worked for Eli Stearns, packing and shipping apples last week.

Much sympathy is expressed for Mrs. Charles Pingree and family in their great bereavement.

David Brown and Milan Chapin were at N. A. Stearns', Wednesday of last week after two heifers belonging to Dr. J. A. Twaddle of Bethel.

ANDOVER

Nelson Weeks has finished working in the woods for Steve Marston, and is visiting his daughter, Mrs. Millet Lombard.

The King's Daughters Circle was entertained by Mrs. J. A. Dunning, Thursday afternoon of last week. There were eighteen members present.

Fred Thomas has been at O Pond, camping, for a few days this week.

Mrs. Wallace Abbott passed away Sunday at her home in North Burgard.

She had been ill only a few days with measles which developed into pneumonia. She leaves two young daughters and two sons, who are also ill with the measles. The funeral took place Tuesday. The body was brought to Andover for burial.

John Talbot, Charles Poor, Marshall Howard, Frank McAllister and H. L. Poor attended the lecture of William Jennings Bryan at Rumford last Wednesday evening.

Lincoln Dresser is boarding with Rev. J. N. Atwood and wife, who are occupying the Congregational parsonage.

Mr. and Mrs. Holt from North Waterford are living in the Ripley house this winter.

George Thomas is suffering with abscesses in the stomach at the Eys and Ear Infirmary, Portland.

Mr. Campbell, who has been a guest at Glendon's, has returned to his home in Boston.

Sydney Abbott has been quite ill.

Fred Smith, who has been ill, is improving.

The Ladies' Aid of the Congregational church held their annual fair Wednesday evening, Dec. 5, in the hall.

The fancy work booth occupied a prominent place. Mrs. Y. A. Thurston, the chairman, was absent, but her assistants, Mrs. Ralph Thurston and Mrs. Irving Akers, had the work in charge.

There was everything in the way of fine needle work and a brisk trade was carried on. Mrs. Wirt Lovejoy was in charge of the apron booth and here aprons of all descriptions were on sale.

A baked bean and salad supper was served from 5 to 8 o'clock.

The Red Cross Auxiliary will hold their meetings in C. A. Rand's rooms over the Post Office this winter.

To all persons interested in either of the Estates hereinafter named:

At a Probate Court, held at Paris, in and for the County of Oxford, on the third Tuesday of November, in the year of our Lord one thousand nine hundred and seventeen. The following matter having been presented for the action thereupon hereinafter indicated, it is hereby ORDERED:

That notice thereof be given to all persons interested, by causing a copy of this order to be published three weeks successively in the Oxford County Citizen newspaper published at Bethel, in said County, that they may appear at a Probate Court to be held at said Paris, on the third Tuesday of December, A. D. 1917, at 9 o'clock in the forenoon, and be heard thereon if they see cause.

Susanna N. Kimball late of Bethel, deceased; petition for the appointment of Henry H. Hastings or some other suitable person as administrator of the estate of said deceased presented by Harriet H. Sanborn, an heir.

Amanda A. Morton late of Andover, deceased; will and petition for probate thereof presented by H. H. Hastings, the executor therein named.

Moses M. Hastings late of Bethel, deceased; petition for determination of collateral inheritance tax presented by H. H. Hastings, administrator, will annexed.

Rosario Ross late of Rumford, deceased; final account presented for allowance by Albert Bellevue, executor.

William W. Chase late of Bethel, deceased; petition for an allowance out of personal estate presented by Lucinda H. Chase, widow.

Moses M. Hastings late of Bethel, deceased; first account presented for allowance by H. H. Hastings administrator, will annexed.

Margaret G. Lyden late of Greenwood, deceased; petition for order to distribute balance remaining in his hands presented by Martin H. Lyden, administrator.

ADDITION B. HERRICK, Judge of said Court.

A true copy—Attest: ALBERT D. PARK, Register.

11-22-3L

Mr. M. F. Tyler went to Albany recently after a load of household goods for Mr. and Mrs. Hollis McAllister, who are keeping house in the rent just completed for occupancy.

Alman Tyler is having some wood and timber cut.

Mr. Payson Phillips from Bethel is cutting fire wood on George Grover's lot.

NOTICE.

Typewriter to let by the week or month. \$20 per week, \$2.00 per month. Inquire at CITIZEN OFFICE.

WEST PARIS

Margaret Tuell, who has lived with Mrs. Wood at Snow's Falls, will be cared for by Miss Ella Berry.

Mrs. E. D. Packard of Norway was a guest Wednesday of relatives.

Several people from West Paris Grange attended Pomona at South Paris, Tuesday of last week.

Charles Swan and family have moved into Frank L. Willis' house near his mill.

Nine candidates were received into membership in Inward Rebekah Lodge last Tuesday evening. Refreshments were served.

Mrs. Alice Wood was the guest of Mrs. Lewis Mann a day or two before going away.

Sewall Millett of Greenwood recently suffered a shock which paralyzed one side.

L. B. Swan is in very poor health. West Paris High School will present the cantata, "Windmills of Holland," at Grange Hall, Dec. 25, with the following cast. The purpose of this entertainment is to pay for the Liberty Bond which the school has purchased.

Myraer Hertogenbosch, a rich Dutch farmer, Ralph McAllister

Edith M. Stevens

Wilhelmina, Hilda, their daughters,

Laura Emery, Marjorie A. McAllister

Hans, in love with Wilhelmina,

Earl T. Hollis

Truman S. Emery

Bob Yankee, American salesman,

Katrina, Mildred H. Conant

Chorus of girls—Mabelle Allen, Gladys

Trask, Ethel Flavin, Lula Day, Lynn

dell Churchill, Beatrice Smith

General chorus—Sherman Billings, Ronald

Perham, Russell Briggs, Earle

Stevens, Erwin Trask, Hazel Cole,

Ethelwyn Gardner, Clarence Coffin,

Reynold Chase, Leland Coffin, Earle

Bane.

A new year's eve ball will be held in Centennial Hall, Monday evening, Dec. 31. Admission, 25 cents each to all.

Shaw and True will furnish music. A chance to dance the old year out and the new year in.

Elroy R. Davis went to the Central Maine General Hospital the first of last week for treatment for his finger which he injured with steel. Later in the week he was obliged to have the finger amputated.

The monthly social at Good Will Hall

COTTAGE STUDIO NOTES

Our first Christmas suggestion is to come at once for the portrait you want to send your soldiers.

We have for their use nice leather pocket cases for one, two or three photos.

We are making Photos this Christmas at our regular prices.

That an advance in price will be necessary at no far distant date seems probable.

We are issuing Portrait Gift Certificates which should solve some of your shopping problems.

Give one at Christmas for a present to the father or mother, husband or wife, that keep neglecting the portrait you want of them.

W. S. Jackson is at the hospital for treatment for a growth on his face.

Hooper Jackson has been ill with tonsillitis, but is improving.

Sylvester Estes cut his knee badly Wednesday when cutting wood. Ralph Denny also recently cut his foot, although not a very bad gash, when cutting wood at Walter Cole's.

Miss Belle Dolley spent the Thanksgiving vacation with friends in Lewiston.

Mrs. Mary Bucknam has returned to her home at Abundant, Mass.

Mrs. Alice C. Wood has closed her home at Snow's Falls, and will spend the winter with her sister, Mrs. Ryder in Ohio. Her nephew Hector Sparks, who has lived with her, has gone to Massachusetts.

Mr. and Mrs. Elsworth D. Curtis have been on a hunting trip of a week.

Mrs. Curtis' parents, Mr. and Mrs. Fuller, have been here to care for the children.

FRANK L. WILLIS.

Frank L. Willis died very suddenly at his mill Saturday about 1 o'clock P. M. from heart failure. Mr. Willis had been troubled for several weeks past with heart disease, but was much better and remarked to one of his workmen only a few hours before his death that he was feeling very well. After dinner he was seated in the office of his mill reading aloud to some of the workmen an account of the Halifax disaster, when with only a slight noise he expired at once.

Mr. Willis was the oldest of five children born to John and Stella J. (Folton) Willis, and was born in Paris, July 26, 1840. In his boyhood the family removed to Massachusetts, where he received a liberal education in the public schools and at Leicester Academy.

In 1862 the Willis family returned to Paris, and later purchased the water privilege where Willis' mill has since been in operation. Mr. Willis has operated both steam mills and water power mills in later years, and during

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many winters past has run a portable mill working for several years for the well known lumberman the late Elias Thomas of Portland.

He was united in marriage with Miss Marietta Bird of Paris. Two children were born to them, one of whom survives, Mrs. Emma W. Mann, who resides with her parents. Besides the widow and daughter he leaves a sister, Mrs. Stella W., wife of George I. Burnham, of South Paris, and several nephews and nieces.

Mr. Willis was a well known and respected citizen, a kind and obliging neighbor, and had a large circle of friends, who regret his death and sympathize with the bereaved family. The funeral was held Tuesday from the Baptist church. Rev. L. W. Grundy officiated. The Odd Fellows, Masons, and other orders to which he belonged, were present.

RAGS WANTED.

Will pay 3 cents per pound for clean rags suitable for wiping presses.

CITIZEN OFFICE.

CHRISTMAS SUGGESTIONS

Our varied assortment gives you a chance to find something for every member of the family.

KNITTING YARNS

in colors to make the personal gift

JAPANESE NOVELTIES

Direct from Japan, include many useful articles which are different from anything we have ever shown.

FLAGS

Show your patriotism by displaying the American flag. We have them in large and small sizes.

NECKWEAR

Large flowing ends, all the newest shades and colorings. Fancy stripes, figures and assorted color combinations. The largest display of beautiful neckwear to be found in Bethel.

LADIES' GOODS

A great assortment to choose from. Bags, Aprons, Handkerchiefs, Silk Shirt Waists, Dress Patterns, House Dresses, Underwear.

BATH ROBES

Neat plaid and figured effects on cuffs and border to harmonize with color of robe. All grades.

—APPROPRIATE GIFT SUGGESTIONS—

Beautiful Neckties

Silk-Lined Gloves

Kid Gloves

Kid Mittens

Suspenders

in Individual Boxes

Silk, Linen and Cotton

Initial Handkerchiefs

Silk Armlets and Garters in

Fancy Boxes

Cuff Buttons

Scarf Pins

Silk Mufflers

Linen Collars and Cuffs

Bath Robes

Pajamas

Ladies' and Gentlemen's

Umbrellas

Silk Hose

Lisle Hose

Cashmere Hose

Sweaters

MacKinnon Coats

Balmacans

Girl's and Boy's Toggles

Soft and Stiff Hats

Caps

White and Fancy Vests

Arrow White and Fancy

Shirts

Night-Shirts

Suits

Overcoats

Reefers

Corduroy and Cloth, Sheep-

lined Coats

Our hardware department offers many more suggestions with its Snow Shoes, Skates, Skis, Sleds, Jackknives, Safety Razors, Carving Sets, and many other useful articles.

CARVER'S

Special Notice!

POEMS WORTH READING

"THE FIGHT FOR PEACE."

By Elizabeth Powers Merrill.

I will have Peace if I have to fight for it—Old Quaker.

Peace is not something God has given—
Peace is a state that must be won.
For Peace—must have men work and struggle
From age to age, from sun to sun.
He only knows the joy of living
Who fights the consistent fight of life.
Peace only comes unto those mortals
Who bravely bear the day's long strife.

Peace is not born of calm and quiet,
Peace is a trophy of the war—
The tramp of hordes of men advancing
Breaks on the ear from times afar.
Peace is the child of those who battle,
Marching to the clang of life and drum,
Peace comes from out the throes of na-
tions.

From all the ages past—to come.
Peace comes to those who have come
Out of
Great tribulation, hours of pain,
Their garments dyed with blood and
sorrow.
Their souls covered with life's stain.
Peace comes from the sword and con-
flict.

And he who works the peace of peace—
Must stand where there is battle and
strife.
Must stand where there is battle and
strife.

Peace is not what the poet fancies,
A woman—radiant and fair.
A beautiful man is peace and might;
A friend on the shining plain.
Gentle is peace, though armed with
swords.

Mac I have peace better than his life:
He gives all earth to him has given.
He gives himself, to end the strife!

"A MOTHE'S ANSWER."
This poem, a great favorite in Civil
War times, was printed anonymously
in "Lyrics of Loyalty."
He's my own boy, and this is my place
Portage it is to him and back;
But neither I'm sure will have pity on
him.

And some word will tenderly speak.
The light of my home my tears fall
like rain—
Is it wonder I shrink from the blow—
That my heart is crushed by its weight
of pain?
But I've kissed him, and let him go.

Last night, with soft steps, I stole to
his bed
As oft in childhood I'd done;
On his pillow I bowed my poor, stricken
head.
The cat of the east rose for the son.
His dearest were of me, for he seemed
in his sleep.
And murmured "Dear mother!" so
low.

I let my pale lips that they'd cowardly
speak
"Oh, no, darling, I can't let you go!"
This morning I kissed him; I studied
my pain.
I bade him to true to his trust;
To stand by the flag till his country
again.

He'll be the proud head from the
dust.
I know by the light in his beautiful
eyes—
By his face with true courage
glow—
He'll fight to the last. I checked back
my sight,
While I kissed him, and let him go.

But oh, sitting here, this desolate day,
Still there comes no feeling of pride;
But one knows my soul, and to him I
will pray.
I can trust him whatever befall.
And if he shall fall—(O, faint heart,
be still!)
I know he will soften the blow.
And I get my feel a patriot's thrill
That I kissed him, and let him go.

IF WE ONLY UNDERSTOOD.
By Maynard Kipling.
If we knew the cause and trial,
Knew the efforts all in vain,
And the better disappointment,
Understood the loss and gain—
Would the great eternal roughness
Seem: I wonder—just the same
Should we have where now we stand?
Should we pay where we stand?

And we judge each other harshly.

Save money on your trip to California this winter

By using tourist sleeper instead of the Standard, you will save about half the Pullman fare.

Also save money on one-way second-class railroad fare.

Fred Harvey eating-houses serve economical meals and lunches.

Personally conducted tourist-car excursions, three times a week.

Grand Canyon of Arizona is on your Santa Fe way—stop and see it this trip.

Let me tell you more about comfort and economy in a tourist sleeper to California.

Santa Fe

S. W. Manning Gen. New Eng. Agt.
A. T. & S. F. Ry.
336 Washington Street, Boston, Mass.

Knowing not life's hidden force—
Knowing not the fount of action
Is less turbid at its source:
Knowing not the soul's desire
Is less tumult at its base.

Could we judge all deeds by motives,
That surround each other's lives,
We should find the action gives,
Often we would find it better,
Purer than we judge we should.
We should love each other better
If we only understood.

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WAR NEWS DIGEST

Stories of Activities and Conditions Throughout the United States and on the Battle Fronts, from Washington, D. C.

Allen Enemies Receive Fair Treatment and Pay for Their Labor.

The interned Germans at the station at Hot Springs, N. C., are not prisoners of war. They comprise officers and crews of the German merchant vessels which were held in the United States at the time of the declaration of war.

These aliens receive no funds from the Government except compensation for labor actually performed. Those engaged in construction work get \$20 a month, with an additional \$5 to foremen. Interned officers have not been permitted to receive from any source more than \$10 a month and foremen not more than \$5. Receipts in excess of these amounts are placed to the credit of the aliens in banks.

Three plain but substantial meals are prepared each day. There is no waste, the same measure of economy and conservation which are being urged upon every American housewife being practiced at Hot Springs.

New Foodstuffs Are Recommended for Use in Germany.

Concentrated straw fodder and ground grape pits are suggested for table use in Germany. In a published list of new foodstuffs, with descriptions of use, the following are also found:

Highland leaves, seaweed, straw meal, crushed and ground maize cobs, leather stalks, ground sugar-beet seeds, parley, cereal, wild radish husks, bran, wine yeast, leechroot cake, fish meal, and various mixed foods.

Attempts have recently been made in England to establish the use of rhubarb leaves as greens, but it appears that such food is dangerous. English newspapers have reported several cases of illness following the eating of rhubarb leaf blades.

Army Medical School Safeguards Billions by Culture and Use of Vaccines.

The laboratory at the Army and Medical School has shipped since April 1 sufficient typhoid and paratyphoid vaccines to inoculate every man in the Army.

Throughout the process of making the vaccine is guarded against any contamination. It is then stored in sealed vessels in locked refrigerators, to which only the two officers in charge have keys, and none of these vessels is ever opened, except in company of one of the officers. In more than six months of large scale production, not a trace of contamination has been found.

One of the traits of the vaccine in clover the inoculation of a mouse, a guinea pig, and a rabbit. If two mice injected in a test for product used as a preservative and to kill the bacteria had been added, the mouse would be killed. Should tetanus germs be present both the mouse and the guinea pig would be killed. With the inoculation correct, as it must be to be used, no animal is killed, and the guinea pig and rabbit are not visibly affected by the inoculation.

South California Oil Workers Get \$1 for Eight Hours.

The President's mediation commission in fixing the basis of settlement of the oil situation in southern California fixed the minimum wage for oil workers at \$1 for eight hours' work. The decision affects all refineries and export lines of southern California, except those of the Standard Oil Co.

A provision states that no man shall be intimidated or discriminated against because of membership in any union affiliated with the American Federation of Labor, and neither the officers nor members of such union are to be intimidated or discriminated against any non-union worker.

Alcoholic Content of Beer to Be Limited to 3 Per Cent Maximum.

There is in the country from two to three years' supply of whiskey, brandy, and gin which may be commandeered by the Government if required for purposes of manufacture of alcohol for medicinal purposes. The requirements for industrial alcohol, however, in addition to the normal aspect from sawdust and other waste products, is negligible. The desirability of saving all the grain used in brewing from the standpoint of food conservation is therefore limited by the social question involved in the extra use of whiskey.

The President has approved the recommendation of the Food Administration that the alcoholic content of beer be reduced to a 3 per cent maximum and the volume of grain used to be reduced to approximately 70 per cent of that formerly used. Provisions are made to increase the output of cattle feed from brewing establishments.

Black Infantrymen Carry More Than 300 Pounds of Iron and Steel.

In the equipment furnished each in infantryman by the Ordnance Bureau of the War Department are 9 1/2 pounds of iron and steel. This is exclusive of the uniform equipment provided by the Quartermaster Corps.



Daisy Baker's Mother Says

For Economy's Sake Use More Flour and Less Meat

A 24 1/2-lb. sack of William Tell Flour contains more real food value than 38 lbs. of beef sirloin or 31 lbs. of pork loin. The beef sirloin at 28 cents a pound costs \$10.64; the pork loin at 25 cents a pound costs \$7.75. The flour, even at \$1.00 per barrel, costs only about \$1.40.

I don't suggest flour as a substitute for meat, but these comparisons, based on government figures and average market prices, certainly prove that it is economy to use more flour.

You can do your part toward cutting the cost of living by ordering a sack of William Tell Flour and doing your own baking.

You'll save in actual cost per loaf, and the bread will taste so much better that you'll eat more of it and thus save on meat and other more expensive foods. Try it and see.

Use WILLIAM TELL Flour

Sold under a triple guarantee: Guaranteed under the Ohio Better Flour Label, by the Austin & Dork Company, who make it, and by the grocer who sells it.

Used in the bayonet, seaboard age 2 ounces of iron and steel; bacon can, 9.94 ounces; bayonet, 15 ounces; front sight cover, 2 ounces; knife, 1 ounce; meat can, 0.03 ounce; pack carriers, 9.93 ounces; rifle, 107 ounces; shovel, 25 ounces.

Plans Are Made for Care of Injured Returned from Europe.

The receiving hospital for United States soldiers brought back from Europe, to be established at Staten Island, N. Y., will have a capacity of 2,500 beds. This marks the beginning of a comprehensive plan for the care of soldiers who are disabled in the line of duty. It will be used only for distribution.

War Camp Community Service Works for Good of Boys in Khaki.

Charles W. Dawson, of Muskogee, Okla., governor of the eleventh district of rotary clubs, after visiting a number of training camps, tells of one place where he saw a soldier remain in the back part of a store after his comrades had left. A girl behind the counter asked what he wanted.

"Oh, nothing," he said. "I'm homesick. I just wanted to hear you talk."

To prevent such a condition has the war camp community service been organized by the War and Navy Department Commissions on Training-Camp Activities. It provides comfort and welcome, wholesome recreation and home hospitality for the men on leave in the cities and towns near their camp centers.

Girl messengers are now employed by many of the Government departments at Washington.

Alterations are being made which will double the seating capacity of the Naval Academy at Annapolis.

The strength of the naval reserve force is 49,250 men, 70 per cent of whom volunteered for general service.

The National Council of Women, meeting in Washington for war work, embraces 27 national women's organizations representing 7,000,000 American women.

By reducing the size of their samples wholesale dealers will save this year \$410,000 worth of cloth, representing enough wool to provide uniforms for 67,500 soldiers.

According to the Department of Agriculture, over 5,000,000 eggs spoil in cold storage each year because they have been washed or in some other way become wet before being sent to market.

German aircraft are marked with the Maltese cross. Allied planes used in Europe are distinguishable by a painted bullseye. American planes bear a circular blue field with a white star and a bright red center.

Red Cross relief shipments to Europe average over 10,000 tons a month. In one shipment was a consignment of 550 soccer footballs and 250 rugby footballs for American soldiers, purchased with funds raised by Harvard graduates.

According to Secretary Daniels, there was turkey for the Thanksgiving dinner of every man in the Navy. A naval supply ship arrived in European waters in time to furnish the men on the submarine hunting destroyers with the traditional Thanksgiving fare.

The organization of a Cuban aviation unit is being offered France with complete equipment has been announced in Havana. Probably the Escadrille Cubaine, as the flying unit is called, will be the first body of fighting men from Cuba to serve on French soil.

Applications for war-risk insurance are now far past the billion-dollar mark. All soldiers, sailors, marines, and nurses in active service may buy insurance from the Government at the rate of from 25 cents a month at the age of 21 to \$1.21 a month at the age of 41.

Outbreaks of measles at the camps, followed by the resultant complications, including pneumonitis, have increased the need for trained nurses.

A LIQUOR CURE THAT NEVER FAILS

The NEAL Institute treatment cures the periodical, occasional or moderate drinker, the habitual and excessive drinker and the Nervous man who has to drink to keep from becoming more nervous. It takes away all inclination to drink, all desire and craving for drink by neutralizing the poison of alcohol in the system and ridding the blood of the poison by a rapid process of elimination leaving the drinker in the same normal condition he was in before tasting liquor, so far as the effect of alcohol may be concerned—all appetite for drink gone—and he a new man.

For further information write, call or phone

THE NEAL INSTITUTE,
166 Pleasant Ave., Portland, Me.
Phone 4216.

HERRICK & PARK,
Attorneys-at-Law,
Bethel, Maine.

LUCIAN W. BLANCHARD,
Counselor-at-Law,
Post Office Block,
Bethel, Maine.
Telephone 7-3
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BETHEL, MAINE.
Marble & Granite * * * * * Workers.
Christie-Designs.
First Class Workmanship.
Letters of inquiry promptly answered.
See our work.
Get our prices.
E. E. WHITNEY & CO.,
Satisfaction Guaranteed.

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QUARRIES, FACTORY LOCATIONS, MILL SITES, FARMS, SITES FOR SUMMER HOTELS AND CAMPS.

Located on the line of the

MAINE CENTRAL RAILROAD

opportunity to those desiring to make a change in location for a new start in life.

UNDEVELOPED WATER POWERS, UNLIMITED RAW MATERIAL AND GOOD FARMING LAND

Await development.

Communications regarding locations are invited and will receive attention when addressed to any agent of the MAINE CENTRAL, or to

INDUSTRIAL BUREAU, MAINE CENTRAL RAILROAD, PORTLAND, MAINE.

for each \$1,000.

In Minnesota a special war body has been organized, known as the Minnesota Motor Reserve. Its several hundred members, all automobile owners, are pledged to furnish their cars with drivers to transport representatives of the Government who require such service.

Under the terms of a decision by Secretary McAdoo, the business of all insurance companies incorporated under the laws of enemy or ally of enemy countries is to be liquidated, with the exception of life insurance companies, which are allowed to continue existing contracts.

Every postal employee in the United States has been instructed to take an active part in the campaign for the sale of war-savings stamps. In order to reach the desired sales mark of \$2,500,000,000 by January 1, 1918, it will be necessary to sell sufficient stamps to average \$16.50 for each man, woman, and child in the country.

BRYANT'S FOND WHITMAN DISTRICT.

The Whitman school closed Dec. 7. Mary and Edith Whitman, were not absent or tardy for the term. The program was as follows:

Song, America, School
Welcome, Edith Whitman
The Harvest, School
Song, The Secret, School
Recitation, Della Greco
Poem, Doing His Best, Grade VI
Song, Little Boy Bubble, School
Recitation, Harrie Hathaway
Today, School
The Message of the Bell, Dialogue
A Song of Fair Japan, Three Girls
Dare to Be Right, School
Recitation, Verna Whitman
Song, Where They Go, School
Poem, Winter's Gift, School
Recitation, Mary Whitman
Dramatization of The Little Red Hen, School
Song, Little White Feathers, School
Poem, Hurrah for the Flag, School

THE HOME CIRCLE

Pleasant Beveries—A (unn) Dedicated to Mothers as they join Home Circle at Even Tide.

WITH OUR HOME PEOPLE we are making homes, and as, no doubt, have learned to gain the difference between thing and a little one; we know, efficiency, order and self are important matters, and we waste strength over trifles; if doing this, we will have a very healthy outlook on life. At the same Christmas season if there is a thing wrong with our home, if efficiency, order and self-control or any one of these things, let us sit down and think, let us see that our own person, let us see that our own things are we planning intel and carefully! are the rights of member of the family consider our work drudgery or are we in of the house? These are some things to be considered, and if think over conditions calmly discover the cause of our work torment. Then, if it is something can control, why endure it? I take the matter up in a scientific and quietly change this wrong right. There is nothing gained by ing, nagging or fretting, let us we have found the right cause trouble, and in thoughtful, firm manner eradicate it. Let us have go! constantly in view to so our lives that we catch the spirit "There is ever a song somewhere dear,

In the midnight black or the m blue;
The robin pipes when the sun is And the cricket chirrups the night through;
The buds may blow and the fru grow,
And the autumn leaves drop cri sear;
But whether the sun or the rain snow,
There is ever a song somewhere dear."

"She Hath Done What She Co How simple and brief, how pr and comprehensive! What high conium exists! All cannot be the world's eyes, but all can true greatness. Our names can be on the scroll of Fame, but it fault if they are not in the be Life. No grand or heroic act ears in the sight of men, we m suffer persecution, our homes m our world, our efforts may be u dated, our prayers, solitude, ki self denial, patience and persev may seem in vain, but "be faithi to death, and I will give thee a of life." Disappointment may k

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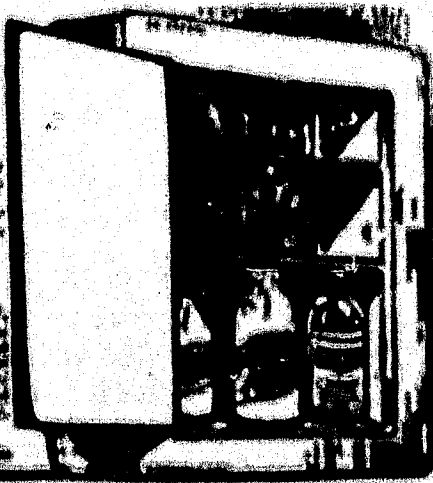
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Keep It Handy

Ward off attacks of grip, colds and influenza by timely medication with the thoroughly tested and reliable remedy of the American Home.

PERUNA

It's better to be safe than sorry. PERUNA is a sure remedy for colds, grip, influenza, and all the ailments of the winter season.



THE HOME CIRCLE

Pleasant Reveries—A Column Dedicated to Tired Mothers as they join the Home Circle at Evening Tide.

WITH OUR HOME PEOPLE.

We are making homes, and many of us, no doubt, have learned to distinguish the difference between a big thing and a little one; we know kindness, efficiency, order and self-control, are important matters, and we do not waste strength over trifles; if we are doing this, we will have a serene and healthy outlook on life. At this glad Christmas season if there is something wrong with our home, if kindness, efficiency, order and self-control are absent or any one of these important things, let us sit down and think it over; it is our duty and our pleasure also to know there is something wrong, before we blame any condition or any person, let us see that our own attitude is right; are we planning intelligently and carefully? are the rights of each member of the family considered? is our work drudgery or are we mistress of the house? These are some of the things to be considered, and if we will think over conditions calmly we will discover the cause of our worry and torment. Then, if it is something we can control, why endure it? Why not take the matter up in a scientific spirit and quietly change this wrong into a right. There is nothing gained by scolding, nagging or fretting, let us be sure we have found the right cause of our trouble, and in thoughtful, firm, quiet manner eradicate it. Let us have this goal constantly in view to so manage our lives that we catch the spirit of: "There is ever a song somewhere, my dear."

In the midnight black or the midnight blue; The robin pipes when the sun is here, And the cricket chirrup the whole night through; The birds may blow and the fruit may grow, And the autumn leaves drop crisp and clear; But whether the sun or the rain or the snow, There is ever a song somewhere, my dear."

"She Hath Done What She Could." How simple and brief, how profound and comprehensive! What higher encomium exists? All cannot be great in the world's eyes, but all can possess true greatness. Our names may not be on the scroll of fame, but it is our fault if they are not in the book of life. No grand or heroic act may be in the sight of men, we may not be called to suffer persecution, our homes may be our world, our efforts may be unappreciated, our prayers, solicitude, kindness, self-denial, patience and perseverance may seem in vain, but "be faithful unto death, and I will give thee a crown of life." Disappointment may keep us

near our God, perhaps success or desires attained would ruin us. All failure, hardship and affliction are sent for our good, to subdue us and train our proud spirits. If we have wealth, influence, genius, talent or skill, our responsibility is greater. We are God's stewards who must give a strict account, and let us be found faithful. Whatever our calling, environment, capabilities, hardships or trials, let us not murmur, but be patient and persevere unto the end, for "in due season we shall reap if we faint not." We may not see the fruits of our labors now, but we shall in eternity. Let us live ever nearer and nearer to God, striving by his help and mercy to be worthy of the words, "She hath done what she could."—Florence Baughman Shank.

SYSTEM IN HOUSEKEEPING.

M. E. M.
One of the greatest things in this world is—System, and it is a strange fact, but in so many homes there is none—no system whatever, in regard to the work of housekeeping, which is done in any old way just to get through with it. Whereas, if the care of a house is reduced to a system, so that every task has its own day and time, only a certain number of hours each day, will be necessary, leaving that extra time to be used as desired. There should be a system which arranges each detail, so that the different rooms, windows, silver, etc., etc., shall be cleaned on certain days; the linen looked over and mended;—bills looked over and filed—on certain days; and if a housekeeper will sit down and think over, and decide upon a systematic routine that can be carried out in her home, if she will write it down, and if she will let nothing interfere with its being carried out, she will find that life is not so difficult after all, for the time saved through systematizing, instead of doing things in any higgledy-piggledy way—is surprising. A very busy stenographer wanted to join an evening French class, but thought she had no time to study, until by systematizing her time between rising and breakfast, she found it could be done—and so in all things, if we will stop to think it out, first acknowledging that hurry is ill-bred; and doing things anyhow—any way—is weakness of character, but if we wish to make the most of our twenty-four hours a day, we must systematize our daily life.

When one compares the systematic routine of a business office where many people are employed, with some home where nothing is done when it should be—when the store room is not replenished until after disagreeable happenings—where mending is not done, where everything is at loose ends—one naturally compares the systematic method of life. No grand or heroic act may be in the sight of men, we may not be called to suffer persecution, our homes may be our world, our efforts may be unappreciated, our prayers, solicitude, kindness, self-denial, patience and perseverance may seem in vain, but "be faithful unto death, and I will give thee a crown of life." Disappointment may keep us

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SAVE MEAT
by serving more stuffing when you serve roast meats, poultry, fish and game.



ASK GROCERS FOR
BELL'S SEASONING

GETTING WINTER EGGS.

By G. E. Conkey.

Now that cold weather is coming on, eggs are becoming scarce, prices are starting to go up, and every poultryman's thoughts turn to winter eggs and how to get them. This is not the time of year when according to the laws of nature, hens will lay, yet this is the time we want eggs, for high priced winter eggs are necessary for real poultry profits. Food alone won't bring results, therefore, poultrymen turn to stimulants, drugs or combination of ration, that really come under the head of stimulants. There is no reason why we shouldn't use scientifically balanced ration at this time of the year, or drugs that will help the processes of nature, but we should have a very good knowledge of their effect on the general health of the bird, before any drug is used. Carelessness or ignorance in their use will result in much damage to the flock.

A properly selected and regulated diet mixed with a tonic that will clear the fowl's system and enrich the blood impoverished by the heavy laying season and the demands of molting, is what should be used. The knowledge of just what to give is rare and there is great danger of over stimulation. We do not usually think of animal foods as stimulants, but they really are such in nature and should therefore, be used with great caution. No ration is complete without some kind of meat food, but it should be used so that it will not over stimulate your birds.

Foods like hemp seed, cooked potato, rice, buckwheat and oil meals, have such heating and stimulating properties that they will produce harmful results if used too freely. They are very liable to bring on liver trouble and affect the egg organs. In much the same manner corn may be misused. Corn is less harmful in cold weather, when heating, foods are desirable but it is best to feed other grains in connection with it. Too much corn means a deposit of fat in various parts of the body, resulting in time is a degeneration of the various organs and of the muscles.

As explained above egg laying is unnatural in winter and so it is advisable to use drugs with tonic properties, just as we use stimulating food. It is almost impossible to get results without one or the other. Always, however, use good judgment in selecting stimulants, avoiding those that are too highly stimulating. Then you need not fear the health of your birds being affected. A tonic rightly made will improve the appetite, and make the birds more active. The result will be a strengthening of the different organs, a promotion of vigorous, red blooded good health and you are then more likely to get winter eggs.

In selecting any poultry tonic, regulate, or condition powder, be sure to select one that does not contain cayenne pepper. Cayenne pepper will, it is true, cause premature laying and so increase egg production, but at the same time the continuous use of such drugs is sure to inflame the egg organs causing these parts to become diseased. Various forms of liver trouble are also produced. Don't use such preparations for securing more eggs. Hail better here and they'll lay in a more natural manner. Don't depend on forcing or over stimulating.

Moderation in all things is good, and so it is not the use but the abuse of stimulating medicines or foods that make them dangerous. Select a preparation that helps the hen instead of forcing or stimulating and you will have no harmful results.

PINKHAM'S HAIR BALM

THE FIGHT BETWEEN COLD AND THE GOLD.

The Life of the Gold Prospector in the Interior of Alaska; Gold Is Where You Find It. Some of the Hardships and Uncertainties the Grubstakers on the Yukon Encounter.

(M. J. Brown)
Men come here for gold
Ambition and health.
They stick—for they can't get away;
They dig, drink and die
And then go to hell
And pay for the last sucker play.

I found this on the wall of a deserted mining cabin on the Yukon. It's Alaskan poetry; a jingle true to the land of the Unyielding—the land where hardships oppress and death seems to win—the great North Land where men fight the white death—the land of cruelty, harshness, relentless—the land of heart hardness—the land where men fight to get the best of a country that gets the best of them.

You have all read the stories of the two who "struck it." I am going to tell you about the 98 who did not—of the life and hardships of these gold hunters that too many writers do not touch.

A man who has lived in Alaska since the strike on Bonanza Creek at Dawson—a typical old "sour dough" boy—told me that it was his honest judgment that for every dollar of gold taken out of Alaska a dollar had been brought in, and later as I heard of the hundreds and thousands who never struck "pay," I am inclined to estimate that he was not far from correct on his estimate.

The most of the dope that comes out of Alaska is of the bygone days of big strikes, and the present days of hydraulic and dredging. Here is what the average prospector, be he "cheechako" or "sour dough," has to go up against in his hunt for the yellow stuff. This is the life of the ordinary prospector, of the 98 out of 100 who have little more than a grub stake and a hope when they start out.

So many think that mining in Alaska is done in the summer months and so short. This is dead wrong. Mining is done in the winter—in the long nights of the north country when the sun is seldom seen, and when King Winter locks almost every stream in Alaska, except the Yukon, into solid ice.

Here's taking a pair of gold hunters down the line: They invariably prospect in pairs—two fellows will agree to team it. In many cases they are grubstaked, that is, some one will agree to put up a certain amount of food supplies to the pair, and if they make a "strike" half of the claims go to the grubstaker. This arrangement is now territory law, but it has always been unwritten and enforced in Alaska. The man who would try to beat a grubstaker would not last long in the northland.

The two men have some locality in view where they just know they will make a strike. Every prospector has such a place where he knows there is gold. So they pack their grub on their backs and beat it.

This is in the summer time, and when dog teams can't mush. Then, too, it is into a new country where there are no dog trails and where dog teams could do little good even in winter. Some men will pack 75 pounds on their backs, but 50 pounds is the common load—and it is load enough over the roughest country that lays out of doors. So the load must be food in most condensed form and it is usually flour, beans and lard.

After days, perhaps, they reach the prospect. It must be where there is water. A strike of the richest ground where there is no water is worthless. Strikes are invariably along small mountain streams, or in the bed of what was once a stream, with water near by that can be carried down.

The first prospect is made at the head of the stream. They dig there and pan. They don't expect to strike claims there, and they don't expect to strike anything worth while. It is to determine whether in ages past any gold flakes were washed down this stream bed.

If the pans from the hole show "color" then the long, uncertain and terribly hard process of finding the deposits of rich dirt commences. And it is but a guess game. "Gold is where you find it" in Alaska and the guess of a tenderfoot is as good as the experience and wisdom of an old "sour dough." The prospectors simply guess about what place down the stream bed there may be some obstruction on the floor of the bedrock that would have stopped the gold in its centuries of washing and working down the stream.

And having guessed, they stake and follow that guess to bedrock, and this is what they have to do to verify that guess.

The first thing is to prepare for winter. A warm cabin must be erected out of logs, so about the first thing is to hike back to the river supply town for more grub and necessary tools.

The cabin built, the wood must be cut for the long winter, fish must be caught before the fish go down and before the streams freeze solid, and

CHOICE GROCERIES, VEGETABLES, FRUIT, CONFECTIONERY, CIGARS.

FRED E. WHEELER
BETHEL, MAINE

Local View, Holiday and Birthday POST CARDS

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Bethel, Maine

REAL ESTATE FOR SALE

House on Greenleaf Ave., good location, near Main St. and shoe factories.
Large stable and lot on Greenleaf Ave., in good condition, well built of heavy timber. Suitable for a garage, auto and horse livery or for manufacturing.
House lots and tillage land on Greenleaf Avenue and Elm Street.
About 14 acres tillage and wood land near village.
These are all good properties and safe investments.

Apply to PANNY H. CLARK, Administratrix, Estates, G. W. Hobbs—Emma E. Hobbs.

game must be shot, if there is any in that locality. And above all there must be enough grub packed in to last during the long and terrible winter. And by the time these preparations are made the brief summer is over, winter has come down and the men commence their shafts through the many feet of solid-frozen ground to bed rock, and that may be twenty or eighty feet.

And here let me explain a bit. I have a letter from a New York newspaper asking me what kind of dope I am trying to put over in statements that the ground of Alaska is frozen to a depth of 80 feet. The editor says it is impossible for frost to penetrate to this depth, no matter how low the temperature.

Nevertheless ground in Alaska is frozen to this depth, millions of acres of it, and the best explanation I can find is that in the ages past (a million years is but the batting of an eye in the making of Alaska) glacial and volcanic action has gradually covered the already frozen ground time and again, the covering in its turn freezing.

But back to the prospectors. When the surface is solidly frozen and no surface water can interfere, they start the shaft, usually two or three at different points on the water course.

They don't pick or blast the hole, they thaw it, build a big fire over it day after day, and slowly but surely MELT a hole, about four feet square, down through the ground to bedrock. This thawing is a very slow process. Two fires are used in each hole in each 24 hours, and twice in 24 hours the thawed dirt is shoveled out. From one to two feet can be thawed in a day, depending on whether the soil is muck or gravel. The wood for the fire must be cut as it is used.

As the hole deepens a bucket and winch are supplied. The man at the bottom shovels in the dirt and the man on top hoists it, and he on the surface has by far the hardest job for he must stand the worst blizzards that blow anywhere on the American continent.

If the prospectors have the necessary capital a beller is used in place of the fire and the thawing is done by steam points. This is a much faster process. But I am writing of the lives of the ordinary prospector, who has far more of sand than money.

And so on, day after day these men toil, working often from 15 to 18 hours in thawing the two or three shafts, cutting the necessary wood and hauling out the dirt with a winch and bucket. The bucket tapers wide at the top so it can be easily dumped.

When Rubber Becomes Necessary

And your shoes pinch, use Allen's Foot-Paste, the Antirrhiza powder is be shaken into the shoes and sprinkled into the foot bath. Just the thing for itching in New Shoes. It gives rest and comfort to tired, swollen, aching feet. See a everywhere. M—Ad.

Too Many Operations

The Right Medicine in Many Cases Does Better than the Surgeon's Knife. Tribute to Lydia E. Pinkham's Vegetable Compound.

Doctor Said Operation or Death—But Medicine Cured.

Des Moines, Iowa.—"My husband says I would have been in my grave today had it not been for Lydia E. Pinkham's Vegetable Compound. I suffered from a serious female trouble and the doctors said I could not live one year without an operation. My husband objected to the operation and had me try Lydia E. Pinkham's Vegetable Compound. I soon commenced to get better and am now well and able to do my own housework. I can recommend Lydia E. Pinkham's Vegetable Compound to any woman as a wonderful health restorer."—Mrs. BLANCH JEFFERSON, 703 Lyon St., Des Moines, Iowa.

Another Operation Avoided.
Richmond, Ind.—"For two years I was so sick and weak from female troubles that when going up stairs I had to go very slowly with my hands on the steps, then sit down at the top to rest. The doctor said I should have an operation, and my friends thought I would not live to move into our new home. My daughter asked me to try Lydia E. Pinkham's Vegetable Compound as she had taken it with good results. I did so, my weakness disappeared, I gained in strength, moved into my new home, and raised hundreds of chickens and ducks. I cannot say enough in praise of Lydia E. Pinkham's Vegetable Compound."—Mrs. M. O. JONES, 1014 13th St., Box 150, Richmond, Ind.

Of course there are many serious cases that only a surgical operation will relieve. We freely acknowledge this, but the above letters, and many others like them, amply prove that many operations are recommended when medicine in many cases is all that is needed.

If you want special advice write to Lydia E. Pinkham Medicine Co. (Confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

EDITH WHITMAN
School
Della Green
School
Gracie V.
School
Harris Hathaway
School
The Belle, Discharge
School
Japan, Three Girls
School
Verna Whitman
School
Miss O.
School
Mary Whitman
School
The Little Red Hen
School
White Feathers,
School
The Pig,
School

NATIONAL CAPITAL.

Continued from page 1.

is ready to adopt an understanding for its future.

REPUBLICAN LEADERSHIP.
Representative Mann of Illinois, who has been the Republican leader for a number of years, has been in a hospital of late, and his health is very poor. Considerable dissatisfaction exists with his way of doing things; nevertheless he has been able to hold things together pretty well.

A new story has been published with reference to the division in the Republican Congressional Committee, and it is said that the Chairman and Secretary of that body are "hardly on speaking terms." The intimations are that the Republican members of the present Congress will be called upon to choose between the forces represented by the Chairman and the Secretary. In any event, something of a split in forces within the organization, will surely result.

VICTOR HERGER'S DISCOVERY.
While in Washington fighting for re-election of his publisher, the Milwaukee Leader, into the mails at second class rates, Victor Herger found that it was still possible to circulate his paper under the third-class letter rate; and as the Leader is not very heavy, a one-cent stamp will likely get it to each reader as may be unable to get along without its help. The same conditions that apply to the Leader will affect the conditions of the New York Call, and other "suppressed" newspapers, that are now being circulated in their local communities, but which no longer have the second class postal rates.

COAL AND SUGAR.

Washington has been feeling the pinch of wartime, and its street cars are but partially heated. Many of the office buildings and apartment houses have been without heat during the recent cold spell. The sugar supply ran out, and the great long lines of people formed in front of some of the stores, where two pounds of sugar might be purchased at a time. Coal and sugar have taken their place in the war in the homes of the residents of the capital; and its citizens proudly boast that "I suffered uncomplainingly." As a matter of fact most of them kicked like angry demons.

LAFOLLETTE INQUIRY FORWARDED.

Because of an absence of Senators who compose the investigating committee, the investigation into the charges against Senator LaFollette has not made much progress. As a matter of fact the Senators are not fond of investigating their colleagues, and the investigation proceeds more as a matter of fact than as a matter of duty. The war pressure makes matters different, and it may be that some of the Senators will insist on going "after" through. In the meantime the Wisconsin Senator has been very busy here in Washington preparing to take his usual active part in the affairs of Congress this winter.

FOR WORMS IN ONIOKENS.

"Very successful" is the way a Massachusetts poultry raiser describes a remedy for worms in chickens, suggested to him by a United States Department of Agriculture official after recommendation by investigators in the California Agricultural Experiment Station.

The poultry raiser added, in his letter of thanks, that through trials of other remedies had failed. That which he praised follows:

Suggested Treatment.
"Give the chickens no feed or water for 24 hours before treating; then feed them half the usual amount of ground feed in which has been mixed finely chopped tobacco stems soaked for two hours in all the water they will drink. One pound of tobacco stems (weighed before soaking) is sufficient for 100 birds. Two hours after the chickens have eaten the medicated feed, give them one fourth of the usual ration of ground feed mixed with water in which Epsom salt has been dissolved, using 11 ounces of Epsom salt for 100 birds.

"To reduce the chances of further infestation all manure and litter should be removed from the chicken yard and the pen and coops thoroughly washed and cleaned with hot water."

Lungs Are Weakened By Hard Colds

CASCARA QUININE

The old family remedy in tablet form. It is a safe, reliable, and effective remedy for all ailments of the digestive system. It is a safe, reliable, and effective remedy for all ailments of the digestive system. It is a safe, reliable, and effective remedy for all ailments of the digestive system.

MAYOR RICH'S HOME INVADDED.

Councilman Present Silver Service with Expressions of Respect and Regard.

Sunday evening Mayor Rich received an entirely unexpected call from the entire City Council who were accompanied by Tax Collector LaPointe, City Clerk Davidson, City Treasurer Harry W. Noyes and Street Commissioner O. W. Fernald.

The guests were hospitably received by His Honor, and Councilman King made known the object of the call in a brief address which we are able to reproduce in full:

Mr. Mayor:

We have requested you to come here this evening in order that we may meet for a few minutes unhampered by the cares and duties with which we are charged when our meetings are of strictly official character. And yet, while we are assembled only in a social manner, we are still mindful of the fact that we are the Council and that you are the Chief Executive of the City of Bethel.

Our meeting this evening partakes of the nature of a gathering of the City's official family, and the motive by which we have been actuated to crave a little of your time is in order that we may express the pleasure that we all have experienced in being associated with you. In conducting the business of the City, you have shown a wisdom and a foresight which we all admire.

We appreciate highly the consideration which has ever and invariably characterized your attitude toward us in our official meetings and we beg to assure you that the memory of our official intercourse will be and remain with us as a delightful reminiscence when our official duties shall no more float side by side with your life's troubles, even to the close of life itself.

And it is with these thoughts in our minds, Mr. Mayor, that we have asked you to meet us this evening, and as we earnestly desire a slight token of the loving esteem in which we hold and ever shall hold you, we beg you to accept this memento.

The memento was a silver tea service engraved with the names of the donors. Accepting the gift Mayor Rich expressed his extreme pleasure at the sentiment which actuated the Council and the expression of cordial good feeling which accompanied it.

He fully reciprocated the pleasure of association with the Council, and while no token was required to keep fresh in his mind, the memory of the harmony of the present official family, the gift would be a treasured possession gaining in sentimental value with the passing of the years.

Councilman Hall spoke briefly, his utterances slightly affected by present war conditions, saying that invasions are regular features of the news from all over the world, and while we are making an invasion of Mr. Rich's home, we are pleased at the reception accorded and that the invasion seemed successful and satisfactory to all parties.

After an hour of familiar sociability during which an elegant luncheon was served the meeting adjourned informally.

HIGH-GRADE COTTAGE CHEESE.

Pasteurization Makes It Possible to Control Flavor and Texture.

The pasteurization of skim milk as the first step in the manufacture of high-quality cottage cheese by creameries and milk plants is recommended in a new bulletin of the United States Department of Agriculture. It is stated that by pasteurizing skim milk as it comes from the separator and by following the manufacturing process as soon as possible, the cheesemaker can better control flavor and texture. "No trouble need be experienced," says the bulletin, "in making a high quality of cottage cheese, possessing both the characteristic flavor and body, from properly pasteurized skim milk of good quality."

The benefits to be derived from proper pasteurization are so great as to make it highly advisable to adopt that system. Little additional work is required, provided suitable equipment is available, and but little is added to the cost of making.

Advantages of Pasteurization.

The most important advantage derived from pasteurization, as pointed out in the bulletin, is that a sanitary, safe, food product free from disease-producing germs is secured. Pasteurization also allows a more perfect control of seeping through the use of pure cream separators, thus insuring the formation of an acid curd, giving the characteristic sour milk flavor so much desired.

The bulletin mentioned, No. 374, "The Manufacture of Cottage Cheese in Creameries and Milk Plants," gives complete directions for the manufacture of cottage cheese from skim milk, from a mixture of skim milk and buttermilk, and from buttermilk alone.

GRANGE NEWS.

Continued from page 1.

CANTON GRANGE.

The annual meeting of Canton Grange was held Saturday and in the absence of the Master, O. M. Richardson presided. The following officers were elected:

Master—C. P. Tripp.
Overseer—Albert H. Adams.
Lecturer—Mrs. Persis L. Adams.
Steward—Donald Adams.
Asst. Steward—John Tripp.
Chaplain—Mrs. Helen A. Eastman.
Treasurer—A. F. Russell.
Secretary—Mrs. M. J. Childs.
Gate Keeper—Rodney McCollister.
Cere—Mrs. Margery Weld.
Pomona—Mrs. Leora Berry.
Flora—Mrs. Helen Mitchell.
L. A. Steward—Miss Ruth Johnson.
Executive Committee—O. M. Richardson, G. L. Harrison, Wm. F. Mitchell.
Remarks were made by several members and music by choir was enjoyed.

MOUNTAIN VIEW GRANGE.

Mountain View Grange, No. 437, held its regular meeting last Tuesday evening with several members present. Two new applications for membership were received. It was voted to send the Worthy Master-elect and wife, Mr. and Mrs. Archie Heath, to the Maine State Grange which meets in Lewiston on Dec. 15, 19, 20. The following officers were elected for the ensuing year:

Master—A. T. Heath.
Overseer—J. E. Richardson.
Lecturer—Lizzie Richardson.
Steward—Carl Richardson.
Asst. Steward—Alva Bryant.
Chaplain—Celia Wight.
Treasurer—Fred Wight.
Secretary—Ada Cole.
Gate Keeper—A. D. Wight.
Cere—Mabel Heath.
Pomona—Eva McCollister.
Flora—Nora Goodnow.
L. A. Steward—Florence Bryant.
Pianist—Not chosen.

WEST PERU.

Mr. Herbert Bowker came near being killed last Thursday while chopping for wood in the woods near Franklin annex. Mr. Bowker is confined to his bed and suffers a lot of pain in his neck, head and shoulders. We hope for a speedy recovery.

Mrs. H. L. Shaw and son are ill with the measles.

HEALTH HINTS.

MORE AIR.

More fresh air in the schoolroom and the office and the home will materially decrease the number of colds, according to the State Department of Health. Most sickness comes in the winter and one great reason for this is the tendency to give up the outdoor life when the weather is cold. When people are shut up together in air-tight houses they can easily exchange infections, as it were, and with the reduced vitality which indoor life occasions there is little to stop the spread of colds and other ailments.

The slogan of "More Fresh Air" means different things to different people; to some it means getting out of doors for a limited time during the day and then going back to the air-tight compartment known to others "More Fresh Air" means the letting of outdoor air into the living and sleeping rooms; to still others, "More Fresh Air" means a combination of outdoor life and of perfect ventilation in the home and office. To these latter, the slogan becomes a daily guard against infection and illness.

GERMS AND GERMAN.

The germ that underlines the health of American communities are allies of the Germans. A war on the autonomy of the Germans is necessary to the future of democracy. A war on the treacherous authority of the germ is as necessary to the future welfare of America. The State Department of Health has uttered the death-sentence that marks the approaching doom of germs in Maine just as the Milliken regiment has joined in uttering the death-sentence of autonomy in Germany. Both sentences may take time to carry out, but in both cases the people have spoken and the work will be done.

A CREED.

The State Department of Health of Maine is giving publicity to a health creed issued for the boys and girls of Massachusetts by the State Department of Health in Boston. The creed is as follows:

MY BODY IS THE TEMPLE OF MY SOUL.

Therefore:

I will keep my body clean while and without.

I will breathe pure air and I will live in the sunlight.

I will do so not that might endanger the health of others.

I will try to learn and practice the rules of healthy living.

I will work and rest and play at the right time and in the right way, so that my mind will be strong and my body healthy and so that I will lead a useful life and be an honor to my parents, to my friends and to my country.

IF YOU HAVE ANYTHING TO SAY, SAY IT IN THE OXFORD COUNTY CITIZEN.

CARE OF THE DAIRY DURING THE WINTER MONTHS.

It is true that milk and cream pour much more rapidly in the summer than in the winter, conditions, other than temperature, being the same. I believe, however, that in many cases milk and cream contain more foreign matter during the winter. This fact is due to the unsanitary conditions surrounding the cows. Cows kept tied up all the time during the colder part of the year are much harder to keep clean. In addition, the ventilation is usually rather bad, necessitating rapid removal of the milk from the teat so that the clean, sweet flavor which we expect to find in good milk will not be altered.

During the latter part of last winter I visited many dairy barns and was pleased to note the cleanliness of the cows in a large percentage of the cases. In a number of places, however, I found the cows with manure covering their flanks, tails and udders. Many of them were standing in several inches of manure which showed a very faint trace of bedding, but not enough to be of any benefit.

There is no excuse for conditions such as I have just mentioned. The majority of farmers have a sufficient amount of time, particularly in the winter, to keep their dairies, barns and cattle reasonably clean. If the majority can do this, why won't the rest? I believe only two answers to this question are possible, namely: Ignorance or carelessness. Ignorance should be dealt with only from an educational standpoint. Carelessness calls for action of a different kind.

I will now mention, and describe briefly, the most important factors in the production of clean and wholesome milk. These have been discussed very often but frequent repetition tends to drive them home.

First, keep the cows clean by brushing and sufficient litter. The flanks and udder should be wiped with a damp cloth before milking. During the process of milking, a hooded pail should always be used. It is probably unnecessary to state that the milk should keep its hands clean while milking. As soon as the milk is obtained it should be removed from the barn at once. This is especially true in barns having slight ventilation. The milk should be strained through a thin layer of absorbent cotton placed between two layers of cheese cloth. It should next be placed in bottles or cans and cooled as soon as possible. In many cases the cooling is done before the milk is placed in the final receptacles.

In conclusion, I wish to impress upon you the need of thoroughly cleaning all utensils with which the milk comes in contact. This includes everything from the milk pail to the final package. By thorough cleaning is meant the rinsing of the article in cold or lukewarm water, washing and scrubbing in hot water containing some good washing powder, rinsing in clean hot water and, if possible, sterilizing with steam. If steam is not obtainable use boiling water in the final rinsing.

Healthy Condition of All Individuals Coming in Contact with Milk Essential to a Wholesome Supply.

The importance of having clean and healthy men and women handle milk is becoming more evident all the time. The ease with which certain diseases, such as septic sore throat, typhoid fever, etc., are transmitted through the milk supply, or by means of the persons delivering the milk, is well known. Many large dealers require a physical examination of employees at frequent intervals. Boards of Health in numerous cities are realizing the importance of such examinations and are acting accordingly.

I mention this to remind producers and dealers that they should take exceptional care of a product as universally used, comprising, as it does, the chief article of diet for all very young children and many older ones.

Keep More Cows.

In Europe, at the present time, great numbers of dairy cattle are being killed for use as food. This means a demand for good cows from the United States after the war. We have in the past sent large shipments of grain across the water to feed the stock in Europe. When hostilities cease and the people return to peaceful occupations all this will be changed. Increased acreage of grain and a limited number of cattle to consume this grain will cause Europe to turn to this country for good milk cows, and it will be many years before the demand will slacken. Making cattle in the United States most profitable to this country than sending the grain and roughage in its native form, as has been our practice in the past.

It is also a humane and patriotic duty for us to keep all the cows we are able to care for.

At the present time, thousands of children in Europe are dying because it is impossible for them to get milk. We have to think of a similar condition in this country, yet such might be the case if many good dairy cows are sold for beef. High prices for beef are a great temptation to many farmers to sell off the good cows, but if we will stop and consider the situation, we will find that the best use for our cows is to keep them as dairy cows.

The results of the nutrition studies made years ago and referred to above, indicate that for people at ordinary active occupations wheat bread, even brown

OUR 10c COUNTER IS ALL RIGHT

Have You Seen It?

SPECIALS FOR CHRISTMAS.

SILK NECK SCARFS, 50c to \$3.50.

LEATHER HAND BAGS.

HANDKERCHIEFS in Boxes, 10c to \$1.50.

FELT SLIPPERS, all sizes, 50c to \$1.50.

MOCCASIN SLIPPERS, 75c to \$3.00.

SPECIAL VALUES IN STAPLE MERCHANDISE.

Ceylon Rowe & Son

Bethel, Maine

keep the cows at all cost and raise a few more.
Brooks Brown, Dairy Inspector.

FINELY GROUND WHEAT MEAL.

The So-Called Graham Flour of Commerce.

Toughly speaking the wheat kernel is made up of about three-fourths stony portion. The other fourth consists of the bran coatings, the chit or germ, and the aleurone layer which lies between the bran coatings and the stony part of the berry. Two generations or so ago a reformer by the name of Graham proclaimed (without any experimental evidence) that the finely milled flour were not furnishing proper nourishment and urged the use of flour made by grinding the wheat berry without removing even the coarsest particles of the bran. And since his time, despite the fact that Doctor Graham, like the majority of radical food reformers, did not live to round out even the average term of life, from time to time, others have urged the use of ground wheat in place of standard white flour for bread making. And now that the pressure of war makes it imperative that we conserve wheat for our allies certain writers are again urging the use of wheat meal in the place of standard flour.

Fifteen years ago, Woods and Merrill at the Maine Agricultural Experiment Station and Snyder at the University of Minnesota made jointly planned but independently carried out investigations upon the available nutrients obtained from identical wheats differently milled.

It was found that the so-called Graham flour made from high quality wheats had a lower digestibility and carried less available food nutrients than standard flour made from the same wheats.

To one who would "do his bit" by economizing—as we all should—in the use of wheat, the proper way is to use the best white flour but in the smallest amount possible. Do not lengthen flour by the addition of the bran, the germ, the aleurone layer or other non-starchy parts of the wheat berry unless you are an invalid with digestive troubles and need something to increase peristaltic action. The continued use of breads made from flour thus lengthened will prove injurious to persons in active employment, and in the worst cases may result in chronic dysentery.

The Germans are extending their wheat by the addition of these wheat offals of low digestibility. But they are also using powdered wood and other indigestible material for the same purpose. They do this because with the exception of limited amount of potato flour they have no other materials to bulk the ration from the limited wheat supply. Fortunately America has a large supply of two highly nutritious grains—corn and oats—that are well adapted to furnishing a part in bread making. Standard white flour can be predigested and advantageously extended by the addition of high grade corn meal and high grade oat meal or rolled oats from which the bran and germ have been separated. A highly nutritious and digestible bread can be made by the use of two parts of standard white flour and one part of corn meal or oat meal. If white corn be used the resulting loaf will be as white as that made from standard flour.

The results of the nutrition studies made years ago and referred to above, indicate that for people at ordinary active occupations wheat bread, even brown

and oat hulls are not economical additions to human food and that they may cause serious disorders. Corn and oats are both abundant and should enter largely into the diet of those remaining at home from the war. Standard flour is the best for the normal purpose of all wheat products. It can be made to go one-third farther by the addition of branless corn meal or oat meal. Use these combinations on "wheatless days." Or still better use them so far as may be every day.

AMERICAN RED CROSS.

If you have any old kid gloves send them to the headquarters of the New England Division of the American Red Cross, 755 Boylston St., Boston, Mass., where they will be used to make kid lined vests for the men in the advanced trenches in France. Such vests, or jackets, have been made by the British Red Cross for the "Tomnies" and have been found to be of the utmost value, and the very best protection from exposure.

This movement has been started in the interests of the American Soldiers at the suggestion of Mrs. August Belmont who says:

"The British army is provided with sweaters coats and such like but these are not enough for the men in the front trenches during the cold weather. So here in England they started a movement for the making of leather jackets out of old gloves—because of the scarcity of leather. These have turned out to be the very things the men needed as they are more pliable than leather. They advertised for old kid gloves and there was an immediate response. The gloves are first cleaned, then cut up and fitted to a pattern. It is patch work and machine stitched. They also asked for old fur which they disinfected and use in much the same way for jackets for aviators."

Arrangements have already been made for the cleaning of all gloves sent in the New England headquarters. After they have been cleaned they will be sent to the Divisional Chapter with full explanations and patterns. So look up some old kid gloves at once.

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VOLUME XXIII.

MORRIS PRATT

Exercises Held At Academy in Obscure

Owing to the Thanksgiving exercises in recognition of Morris Pratt were held at the Academy at three o'clock, and the pupils gathered in the Academy to participate in the exercises. The exercises were held in the Academy.

In addition to the present a large number of friends, who showed by not only their loyalty to their cordial sympathy and purpose of the occasion. A delightful program ranged under the direction of G. Gohring, and the music out in a most effective manner.

Introductory Remarks: Principal Mr. W. L. Song, Piano Solo, Miss Margaret Group of Songs, Mr. W. L. Address: Singing, "The Lord Is My

Address: Hon. William Principal Hanson note by referring briefly of the exercises and the once of these annual gatherings of the student body.

Mr. Upson is always a Bethel program, and voice never gave more upon this occasion.

Mrs. Thomas, though a gap in the program, as piano solo in a delightful was enthusiastically responded with a Swedish out Words," which was joyed.

Mrs. McQuade appeared before the audience for the first time in a manner that was all present.

Mrs. Gohring was at her address was listened attention. The American above the platform served the major notes of patriotism acterized her theme. It here given in full.

Since we last met to observe birthday, which in year kept Morris Pratt so part of our life in this since I last looked into your world is changed.

A year ago we looked with deepest sympathy; well, are needing what earnestly bestowed. Not here today but it is or will be rectly or indirectly by this which has swept us into whirlpool of misery. You are to become different because across the sea. We were as a nation for this case. As individuals we are ourselves.

You young freeborn citizens of this great republic have taken States of America as you breathe, or the sunshine upon you. You have never experienced in being born American from henceforth you will hold your position with a new—if right wins. It might be said that you will be these born free men and women whose lives have been used of military preparation. I have marked when in Europe the joyous, hopeful, expectant upon young faces that the birthright of the American really may be a part of the Republic exists.

I will remember standing looking over the Roman Forum the ruins of great temples of power and saying, "Rome a Republic; will our own the United States ever be a thing of the past?" There are many years an uneasy apprehension that our country is rare position; that perhaps been thoughtless in our generation our doors too wide have felt that some great doom came to make this have and hope secure and permanent may be the awful suggestion by which the United States to become an even greater to the world a Republic that nations by its principles, not its arms.

We owe you young students

(Continued from Page